

Rupcha

(Catholic Health Association - North India)



NURSING:
CARING & CURING

Annual Report 2016-17

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(Catholic Health Association-North India)

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Governing Board Members:

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Advisor to Rupcha
Sr. Lizy Abraham MSA – President
Fr. Reginald D'Souza – Vice-President
Sr. Susheela MSJ – Secretary
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Editorial Team

Fr Jeejo Antony, Mr. Shaju K.V., Mr. George M.K., Mr. Jobin George



VISION AND MISSION OF RUPCHA

Vision

Rupcha envisages a society:

- *Wherein justice and peace, equality and brotherhood, are established as realities of day to day life, being the universally accepted norms of social relations.*
- *Wherein the total well-being of all individuals, families, communities and society as a whole is ensured through the collective action of the people.*

Mission

Rupcha strives towards:

- ✦ *The fullness of life for all and as such works for the protection of the unborn, the newborn & care of the mother and child on a priority basis.*
- ✦ *Control of Communicable Diseases especially TB, HIV/AIDS, Malaria and Diarrhea are also thrust areas of intervention.*
- ✦ *Networking among themselves at the Diocesan as well as inter-diocesan levels and also with other NGOs and Government agencies are our preferred approaches.*
- ✦ *Creating awareness and motivation for action.*
- ✦ *Building Capacities at all levels in order to build a just society leading to total well-being of all, taking advantage of its presence even in the remotest of villages.*
- ✦ *Enhancing financial self-reliance and sustainability at all levels are our considered strategies.*

RUPCHA

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Editorial

With gratitude to the Almighty, I am happy to present the annual report of the year 2016-17. The year had been eventful and fruitful for the organization with various community based and capacity building programs at MI level and Regional Level. So its time to thank GOD for HIS accompaniment in serving the community with care and love.

RUPCHA as an organization has entered into its consolidation stage and we are adopting newer strategies to bring forward our Member Institutions in the field of Healthcare, which are relevant to the present scenario of health care. As we march towards Good Health to all, I am very happy to announce the theme for the year 2017 as "NURSING: CARING & CURING" which would help as to carry out the compassionate love of Jesus for the Sick and Suffering.

RUPCHA has to travel miles in the areas of community health and community empowerment to bring smiles on the face of the people. The constant support and collaboration of MIs are expected to bring about higher levels of health awareness in the communities.

I invite the members to go through these pages containing informative narrations, interesting visuals and useful statistical data, in reference to our performance in the community.

I would like to thank Most. Rev. Francis Kalist, Our Ecclesiastical Adviser, Sr Lizy Abraham MSA, President, Fr Reginald D'Souza, Vice President, board members, partners and my team for the contribution, guidance and encouragement. A special word of gratitude to Fr George PA, Director, Holy Family Hospital, New Delhi and the management team for being a major source of resources to RUPCHA.

Fr Jeejo Antony
Director RUPCHA



Rt. Rev. Francis Kalist
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Message

I am happy to learn that RUPCHA is organizing its 27 AGBM on 10 & 11 August 2017. I am also delighted to hear that a relevant theme such as "Nursing: Caring & Curing" has been selected for reflection and discussion for the AGBM. RUPCHA as an organization has been reaching out to various Communities through its Member institutions with Jesus' Healing mission.

"Nursing" is an act of love through which "Caring and Curing" are accomplished and Nurses are considered "Angels". It is an occasion to reflect and revisit the relevance of nursing care in our healthcare institutions. So we shall take note of our Nursing Care and do all that is possible to make our Hospitals, Dispensaries and Social work centers as centers that witness to the compassionate love of Jesus to the Sick and Suffering.

I would like to express my sincere appreciation and gratitude to all for the commendable works in the field.

With the assurance of my prayers & blessings for all your endeavours

Yours in our Lord



Rev. Bishop. Francis Kalist
Bishop of Meerut
Ecclesiastical Advisor, RUPCHA

Message



It is a matter of great pleasure for me to pen these few lines in recognition of the achievements of RUPCHA, which are being presented to its members in particular and readers in general, through the pages of this year's annual report. I am happy to learn that this year our region would be focusing on nursing excellence through its theme, 'NURSING: Caring & curing.

"He called the twelve together, and gave them power and authority over all the demons and to heal diseases. And he sent them out to proclaim the kingdom of God and to perform healing" Its challenging to carry out the healing ministry due to high level commercialization of healthcare.

RUPCHA has been playing an important role in bringing the member institutions together and enabling them to deliver community health services at the door step of the people.

Let us hold our hands together with RUPCHA and spread the light to all in need.

My sincere appreciation and gratitude to Fr Jeejo Antony, his team and all the Board Members for your contribution to RUPCHA.

May God Bless you all.

Sr. Lizy Abraham, MSA
President, Rupcha

Narrative Report of the Activities of Rupcha during 2016-17

Projects:

'Integrated approach to Community Empowerment & Health among the slum dwellers & migrant workers of Jahangirpuri slum, Delhi':

Jahangirpuri, an example of unprecedented and unplanned urbanization, has a large slum cluster, families migrated from adjacent states in search of employment. Slum areas are characterized by a complete absence of basic amenities and facilities like drinking water, toilets, etc. and garbage disposal facilities because of which various infectious and non-communicable diseases especially respiratory infections, tuberculosis and communicable diseases especially diarrhea/dysentery, skin problems and mental illness crop up. These migrant workers are not officially enrolled in the government records, due to which they are neglected from all schemes and the government privileges. Even these slum dwellers don't have their names registered for getting the public provisions.



The target group is the most vulnerable ones due to low level of education. Most of them are school drop outs or without any school education. Women are not given due importance and privileges in the society. They do not have any decision making power so they are the most neglected and ignored ones in the society.

The most common diseases of the area are directly related with poor personal and environmental hygiene. The women have very deplorable conditions in the slums. The primary problem in the slum is lack of awareness with regard to personal hygiene, communicable and non-communicable diseases. The health problems are more prevalent in the blocks such as D, E, EE (E Extn.) & K blocks.





Nutritional disorders found in this area mainly are protein, calcium, vitamin A deficiency etc. which further causes malnutrition and physical disability in children. The High humidity and man-made water stagnation either for construction work or absence of drainage has led not only to increase in mosquito nuisance but made this area highly endemic for Malaria, Dengue, Typhoid, Jaundice etc.

The overall objective/goal of the project is to empower the Slum dwellers and migrant workers by organizing health education programs, awareness & animation. The main activities are community mobilization for health promotion, group formation, animation, campaigns for communicable & non-communicable diseases.

The project envisages forming groups of young boys and girls as community volunteers to have strong involvement and participation in the community programs. As the project takes off, the community volunteers will have sense of belongingness and ownership towards the community and the development programs.

After a series of planning meetings, and conducting baseline survey & assessment of the area, RUPCHA has conceptualized an integrated community development project focusing on Women & Children.

So as a result of the project, we will have a well informed and committed community. Through the project, we will be able to generate better responses from government authorities and will try all means to secure government commitments for efficient implementation of government schemes in project area. The project started rolling out since May, 2017.

Central Purchase Scheme



Rupcha has created a platform for common projects for member institutions like Central Purchase System. As this project had been rolling out since the last 4 years, the MIs are getting the maximum benefit and the procurement procedures have been streamlined well and the program

is being scaled up from consumables to capital equipments for the hospitals. Presently around 60 member hospitals are participating/ benefitting through the scheme. Every year, we review the service & performance of the companies & enter to the annual rate contracts with major suppliers/companies and the rate applicable to each item is the same to all the member hospitals. Periodic review meetings are organized at the regional level to monitor and check the quality and the efficiency of the scheme.

ECHO

(Extension for Community Healthcare Outcomes)

Project ECHO – Extension for Community Healthcare Outcomes – is an innovative healthcare program developed to manage complex medical conditions in rural and underserved areas of India. Through the use of technology, Project ECHO bridges the gap between urban healthcare specialist and clinicians in rural settings. The heart of the ECHO model™ is hub and spoke knowledge-sharing networks, led by expert teams who use multi-point video conferencing to conduct virtual ECHO clinics with health providers in the community.

Collaboration between specialist and rural clinicians enables patients to receive state-of-the-art healthcare from the professionals they know and trust in their own communities. For clinicians, mentorship to treat the often complex and involved treatments brings added depth and technical competencies and reduces professional isolation. With continued involvement treating these complex and chronic conditions becomes easier, thus creating a center of excellence in their community. The end result is better quality and greater access to healthcare for all patients.



The ECHO clinics are supported by basic, widely available teleconferencing technology. During Tele ECHO clinics, clinicians from multiple sites present patient cases using a case based format. The ECHO hub team and other participants discuss patient cases, new developments relating to their patients, and recommendations are made regarding treatment plans. Healthcare clinicians hear various case presentations, as well as follow-up and outcomes, and over time greatly increase their knowledge and experience in the treatment of complex conditions. The result is better quality and greater access to healthcare for all patients.

As part of its continued commitment to national health priorities, the Holy Family hospital has signed an agreement with Project ECHO, to become a host institution for

improved access to specialist services across northern India. ECHO, India contacted spokes and take them through Project ECHO elements, the steps of setting up Zoom, how to use Zoom, explained the do's and don'ts of the tele ECHO clinics. Now, we have started with cardiology and neurology clinics on every Thursday and the training sessions lasts for one hour.

NABH Accreditation Orientation Programs

NABH is an acronym for National Accreditation Board for Hospitals & Healthcare Providers is a constituent board of Quality Council of India, set up to establish and operate accreditation program for health organisations. NABH have designed an exhaustive healthcare standard for hospitals and healthcare providers. This standard consists of stringent six hundred plus objective elements for the hospital to achieve in order to get the NABH accreditation. These standards are divided between patient centered standards and organization centered standards.

NABH helps in achieving excellence in clinical and operational performance. In this regard, we have planned to have cluster contract with a consultancy firm to implement this venture in our member institutions. 12 member institutions have signed MoU to have quality excellence in the hospitals.



Electronic Health Records (EHR) Project

Rupcha and our Mission Hospitals, with an objective of creating and maintaining an electronic health record of their patients' medical history, have agreed to support 'Kronicle' in developing a biometric enabled and Aadhaar-linked-Electronic Health Record database software ('EHR Project') specifically to cater to Rupcha member hospitals.

Kronicle is in the business of development of software systems, applications and platforms to enable creation and preservation of electronic health records (EHR) and support personalized medical care, improved health policy decisions and more efficient diagnosis.

Few Medium size hospitals have been identified as the location of the pilot EHR Project. In view of that Rupcha & Kronicle have entered into MoU for the development and maintenance of the EHR Project. Kronicle will develop, implement and maintain the EHR Project and can be utilized as a centralized resource pool with data recorded by different healthcare providers and services.



Solar Project

The 3rd phase of the project that undertaking installation of Solar solutions in 125 member institutions of CHAI across 7 regional unit's states in two phases through the support of Misereor and the German government. Around 78% of the total cost for installation was supported by CHAI through the donor support. It was for our member hospitals & healthcare centers located in the remote areas of our regions (Northeast, northern & central states) where there are frequent power cuts due to which the service delivery of our health centers suffer.

In this regard, we requested the MIs to share their interest/consent in this proposal and to share the necessary documents. As part of the process, individual institutions signed a MoU with CHAI. There were three different categories and capacities such as 10KVA for large hospitals, 5KVA for medium hospitals & 2KVA for small hospitals.

CHAI have conducted a one-day orientation program with all the selected institutions along with the technical consultant. This project will go a long way in supporting our MIs to become more energy sufficient and they will be able to provide uninterrupted quality health care and enhance the quality of health care services. Also hospitals would be able to save substantial amount of money which they spend on electricity bills and generators.

In this phase, 10 MIs benefitted through this project from Rupcha region.

Provision of Community Health Services and Scale-up of Interventions on Communicable Diseases:

The project aims to provide community health services, forge collaboration with various national disease control programmes including HIV/AIDS, Malaria and other diseases. The project is working towards establishing PPTCT services in public-private-



partnership (PPP) mode in collaboration with State AIDS control Societies, facilitating collaboration between CHAI MIs and various national disease control programmes and NRHM as per local needs and providing technical assistance to Community Care Centers (CCC) spread across India in order to strengthen their technical and managerial capacities.

In order to bring health at the doorsteps of the people, Rupcha is implementing Community Health project through member institutions in 80 villages with the help of 10 community health coordinators & 80 community health volunteers. The main activities conducted under the community health project are:

Health Education	
No. of Awareness Programs	684
No. of People reached through awareness programs	25260
No. of Meetings with SHGs	941
No. of women participated in health education programs	11509
No. of Immunization Programs	686
No. of Women & Children immunized	18298
No. of Home visits	25290
No. of people covered through home visits	98773
Referrals	
No. of women referred for institutional delivery	1146
No. of people referred to health care institutions for various ailments (HIV/TAIDS, TB, Leprosy, Malaria, Filariasis, BP, Diabetes)	5030
No. of children referred to PHC (for malnutrition, respiratory infection, diarrhea etc)	1215
No. of people linked with Income Generation Program	1382
No. of people referred to Social Security Schemes	1812

AXSHYA Project

Project Axshya is an ACSM project with strategies focused on community engagement for informing communities about TB care and control. The key strategies are (1) Community awareness and engagement (2) Empowering TB affected communities (3) Engaging Healthcare providers (4) Health Systems Strengthening. Axshya develops networks of non-governmental organizations and community-based organizations who are reaching out to vulnerable populations through trained volunteers. District TB forums support those on treatment, and advocate for nutrition support. Axshya Mitras (volunteers) are engaged in default retrieval working alongside DOT providers of RNTCP.

Rupcha is responsible in implementing the Axshya project in 5 districts of Punjab and 6 districts in Uttar Pradesh. The outcomes and results of the Axshya project are:

SL. NO	ACTIVITY NAME	NO. OF ACTIVITIES	NO. OF PARTICIPANTS
1.	Community Volunteers' Training	5	100
2.	CV Review meeting	24	264
3.	Select and train local NGOs	4	44
4.	Gaon Kalyan Samiti meetings	387	6966
5.	Special Activities (Mid-Media)	48	1920
6.	Axshaya Samvad	127847	127847
7.	Axshya Village (Display Board)	16	
8.	Prison Intervention programs	9	450
9.	Observance of World TB Day	8	1200
10.	Sensitization programs to TB patients on patient charter	33	990
11.	Sputum collection & transportation	6533	6355
12.	Strengthening of District TB Forums	17	204
13.	Strengthening Engagement with RHCPs (Referral)	616	616
14.	Strengthening engagement with RHCP's with CV	530	530
15.	Sensitization of ICTCs, Art Centre, TI, SCs & DLN	4	40
16.	Review & Monitoring & Evaluation	132	
17.	Review meeting of DCs	2	18

NETWORKING FOR STRENGTHENING MIS:

MoU with Jesus & Mary College, Delhi:

Catholic Health Association – North India (RUPCHA) and Jesus and Mary College, New Delhi mutually agreed to enter to a Letter of Consent (LoC) to increase the cooperation between, in areas of mutual interest over the next five years, including participation by training and internship program and employment opportunities through innovative approaches in Healthcare.

Implementation of the Program Activities in this LoC will contribute to Jesus and Mary College's capacity to provide high quality education, training in vocational streams, encourage the participation of Jesus and Mary College students and faculty in vocational training in the areas like Healthcare management Programs and promote equal opportunity in higher education, promote community health, strengthen MIS

RUPCHA AGBM :



The 26th Annual General Body Meeting of Rupcha held at Navinta, Delhi during August 3 - 4, 2016. It started with a prayer led by Fr Jeejo Antony, Director, RUPCHA and he continued to welcome the gathering and gave the opening remarks and objectives of the meeting. Thereafter, Mr. Ramu Karra, Program Manager, CHAI briefed about the sessions to the participants. Participants were priests, nuns, project staff and they numbered to be nearly 100.

Through the introductory talk, Fr. Jeejo Antony stressed on the present scenario of health care institutions. He urged members not to work in isolation but

have collaborative ministry to bring life changing impact and difference in the society. He said that the future of the health care is going to be very challenging and shared few plans to sustain and solve the shortage of the medical professionals by encouraging and nurturing volunteerism.

Thereafter Mr. Ramu requested the participants to introduce themselves and get to know each other for further networking and collaboration for better management of health care institutions and implementing community programs and projects in the field. Then Fr. Jeejo briefed about the collaboration of CHAI-RUPCHA in project implementation and shared the success stories and the impact on the society for



change. And he requested to our member institutions to have more collaboration in project implementation as CHAI has 10 projects in RUPCHA region.

Mr Ramu explained the details of various projects like the objectives, actions, results, aspirations and the behavioural changes that are envisaged through the programs.

Thereafter Dr. Shalini made a presentation about the organizational profile, journey and the current activities of CHAI to the assembly. Dr Shalini continued to share the results of the concerted effort of CHAI along with MIs in treating 21 million patients annually. And CHAI has turned to be the second largest health care provider in the country after the government. Most strikingly, we are reaching out the marginalized people in the rural areas through our health care projects.

Dr. Subhanna briefed about the project Axshaya, a project to create awareness, treatment and stop TB. He shared the details of the projects like goals, operational areas, performance, activities and results of last one year. And the district coordinators of the project shared their experiences and success stories from the field.

Thereafter Mr Ramu Karra along with the in-charges of project presented the details of project, 'Promotion of Maternal & Child Health through Mothers Clubs'.

Next session dwelt upon 'Action 2020: way forward – repositioning for the future'. Dr Shalini explained the ways of strengthening our hospitals/healthcare institutions for the sustenance and the urgency for the paradigm shift and possibilities to overcome the non-availability of medical professionals.

There were some more input sessions on other projects and schemes.



Fr. Jeejo Antony proposed to form a regional resource team to be the think tank of RUPCHA that would carry forward the association ahead and strengthen the member institutions with lofty vision and mission. The regional resource team will be the 'Taskforce' to brainstorm, energize, and activate our member institutions. The following persons volunteered to be part of regional resource team: Sr Lizy MSA, Fr Jeejo Antony, Fr George P.A, Fr Reginald D'Souza, Fr Biju Ponthempilly, Fr Shan CST, Sr Reshmi HC and Sr Preeti Margaret. Fr. George P.A, Director, Holy Family hospital spoke of possible networking, advocacy and sharing of resources. He said to have referral linkages with Holy Family hospital for specialized care for patients of our member institutions.

The following day started with Solemn Mass at 7.00 a.m. Fr Mathew Kayany officiated the Holy Mass and Fr Davis Chirammel preached the homily wherein he stressed the importance of giving in life. The inaugural session started at 10.00 a.m. with a general welcome by Ms. Alphy Sony. Sr Lizy MSA, President RUPCHA welcomed all to the inaugural session of the XXVI AGBM of RUPCHA. She gave

special welcome to the dignitaries on the dais like: Most Rev. Bishop Francis Kalist, Ecclesiastical Adviser, Mr T. Dileep Kumar, President INC; Msgr. Jose Edassery, Vicar General, Faridabad Diocese, Fr. Davis Chirammel, Chairman, Kidney Federation of India; Dr. Deepika Khakha, Sr. Lecturer, AIIMS; Sr. Nirmala SCN, Exe. Director, CBCICARD; Sr. Usha Maria SH, Provincial Superior & Fr. Jeejo Antony, Director, Rupcha. After a short prayer, the traditional lamp was lit by all the dignitaries on the dais.

Sr. Lizy Abraham threw light on the highlights of the AGBM and introduced the theme: Action: 2020: Repositioning

for the future: She expressed that an organization that was built upon faith in God can continue upon its brilliant path on success. The assembly will seek alternative ways to reposition existing institutions to face the challenges without compromising on their accessibility and affordability for the common man. She acknowledged with gratitude, the generous services rendered by Mr. Sebastian Kunnath, our former Director and said he remains as a star in Rupcha family. She also acknowledged the hard work gone behind this event of Fr. Jeejo Antony & his team and expressed her gratitude & appreciation.

While addressing the gathering Shri. T. Dileep Kumar, INC President and Chief Guest of the program, thanked the organizing team for giving him a chance to collaborate with such an esteemed





association and congratulated Rupcha for providing affordable, quality health care in rural areas of India especially in U.P. & Rajasthan. He explained the main activities of Indian Nursing Council, their collaboration with WHO.

Shri T. Dileep Kumar released the Annual Activity Report of Rupcha for the year 2015-16. And the reports were distributed to all the participants present.

Sr. Lizy Abraham, President of Rupcha read out the keynote address on behalf of Fr. Mathew Abraham, Director-General of CHAI and she presented the theme paper on Action 2020: Repositioning for the future – Strengthening our hospitals, health centres and care centres’.

Bishop Francis Kalist spoke about the necessity of repositioning of our member institutions in order to face the future challenges of health care settings. He also spoke of the relevance of our institutions as it is to give the healing love of Jesus.

Dr. Deepika Khakha, Sr. Lecturer, AIIMS presented her paper on ‘Palliative Care & Counseling’. She dealt with the main topics such as: Role of counseling in palliative care, introduction to palliative care, components & principles of palliative care, the importance of communication in palliative care, etc.

Thereafter, Fr. Davis Chirammel, Chairman, Kidney Federation of India, spoke on organ donation. He shared his experiences in this field. It is a defining moment that to give life to another person. Most of us want to receive than donate or give even unto death. More than 5 lacs of people die per year in India due to lack of organs. Jesus came to give life to us, so we also need to give life to others. Jesus gave His whole body to us, so he requested and urged all to donate their organs, at least after death it will give new life to another fellow.

Msgr. Jose Edassery briefed his experience with CHAI & Rupcha. He congratulated Rupcha for its efforts in health care field.

All the dignitaries were presented mementos in remembrance of the XXVI AGBM.

Fr Jeejo Antony, Director expressed his gratitude to all at the end of the inaugural session.





Community Health Project - Half-yearly Review Meeting (1):

First half-yearly review meeting of Community Health project was conducted on 29 August 2016. Fr. Jeejo Antony formally welcomed Ms. Indira Rani (APM) and all the participants to the meeting. He mentioned about the importance of participating in the project review meetings. During the meetings all the community health coordinators presented their half-yearly activity reports one by one and reviewed the activities.

There were discussion on targets, CHVs monthly report, case studies, village health analysis, accounts and other relevant topics about the project, etc. They shared their village level work experiences, case studies & success stories. All the CHVs are regularly participating in VHNC meetings. Various activities they undertaking are awareness programs on different issues, government health programs, vaccination programs, free health check-up, linking to income generation programs, social security schemes, referral cases of TB & HIV, Malaria and other communicable & non communicable diseases. Ms. Indira Rani provided a national level overview of the project and the results being achieved at the national level. APM suggested CHCs to add future plans to their presentations.

Review cum Planning Meeting of Axshya Project:

On October 1, a half-yearly review cum planning meeting of Axshya project conducted at Rupcha office, Delhi in order to review the outcome-based activities, develop program implementation strategies and design the future course of action. Project Axshya is actively working to improve the reach, visibility and effectiveness of RNTCP through civil society support by engaging communities and community-based care-providers to improve TB care and control, especially for the marginalized and vulnerable populations including TB-HIV patients. The project is implementing in 6 districts of U.P. & in 5 districts of Punjab. All the district coordinators participated and presented their reports in the meeting.

National NCD Summit at Delhi:

The Government of India (GOI), in collaboration with the Confederation of Indian Industry (CII) and The Lilly Foundation organized 4th National NCD Summit on 6th October 2016 at Delhi. Representatives from Government departments, Funding agencies, Civil Society Organizations (CSOs) working in India presented papers.

Non Communicable Diseases (NCDs) are posing to be a major public health





challenge due to high morbidity and mortality associated with these diseases in India. In particular diseases like CVD, Cancer, Chronic Obstructive Pulmonary Disease and Diabetes account for 63% of the deaths worldwide and are no longer considered diseases of affluence.

CHAI presented a paper titled 'Self-care and Foot-care Management of Diabetes' based on the project which is being implemented by CHAI in Uttar Pradesh with the support of World Diabetes Foundation Denmark. The presentation received appreciation from the gathering as a unique intervention in foot-care. Sr Lincy Cherian, Fr Jijo Antony, Dr Shalini, Dr Sameer and Mr Jobin represented CHAI/RUPCHA at the Summit.

The information gathered through these countrywide consultations are put together in the form of actionable recommendations which have been presented to senior policy /decision makers, the Ministry of Health and Family welfare as well as large Public Sector Enterprises and State Health departments.

World Blind Walk:

"Millions like him are waiting for Sight. Don't let your light die in Darkness. Gift it today".

On 13 th October, 2016, 'World Blind Walk', the unique program conducted on World Sight Day in 55 locations in five countries. It was a great success in which 5000 visually Challenged Persons led 25,000 blind folded people with the help of 5000 Volunteers. The walk conducted on the same day ended with a pledge to donate eyes and to become Vision Ambassadors. More than 14 agencies from Medical, Social, Educational and Religious were involved in organizing Blind walk in Delhi with five National partners EBAI, AOL, CHAI, NFB and 104 Health Line along with Project Vision.

In Delhi 100 visually Challenged Persons led 600 blind folded people with the help of 50 Volunteers from YMCA to Jantar Mantar. More than 14 agencies from Medical, Social, Educational and Religious were involved in organising Blind walk in Delhi with five National partners EBAI,AOL,CHAI,NFB and 104 Health Line along with Project Vision. The walk was started at 3.30 pm and ended with a pledge to donate eyes and felicitations by different Religious Leaders and the representative from Ministry followed by Cultural program.





Minister for Social Justice Sri Krishn Garjar along with Archbishop Kuriakose Baranikulagara, Swami Agnivesh took the oath led by Colonel Kaul for eye donation during the valedictory function at Jantar Mantar. Fr Jeejo Antony, Director received the

participatory certificate for Rupcha.

Management Development Program (MDP):

As decided in the AGBM & GB, we have planned to organize series of Management Development Programs (MDP) to enhance the efficiency of managing our healthcare institutions. So as a follow up of the decisions of AGBM, RUPCHA organized three days of training program on "HR Practices in Health Care Sector".

The training was held during 18th – 20th November, 2016 at Navjivan, St. Xavier's School Campus, Raj Niwas, New Delhi. The resource persons Dr. Sunitha & Mr. Arun S Kaimal, were well experienced corporate trainers from Mumbai. There were 25 members participated in the program. The course was beneficial for the Directors, Administrators, HR Managers and senior level management staff. The objective of the course was to update with the latest trends in personnel management in hospitals and to equip to formulate HR policy for the hospitals.



The program was started by an inaugural session in which Sr. Lizy Abraham President of RUPCHA welcomed the guests and all the participants. Fr Jeejo Director RUPCHA and Director of Navjivan also addressed during the inaugural session.

The first day was taken by Dr Sunitha Kalangi & she covered the topics of 'Performance Management of Medical Staff' & 'Physician Engagement'. There were group activities and Case study presentations.

Rest of the Training sessions were taken by Mr. Arun S. Kaimal in which he dealt with the topics like: how to get more knowledge about HR Management, In this corporate world how to face the challenges of the health world, how to learn better techniques and methods of Hospital Administration, learn to handle effectively various problems and crisis that would emerge in a Hospital, learn to promote better collaboration between the management and the staff, More soft skills in all our conduct in the hospital, How to motivate the personnel to improve the quality of our health services in this challenging and competitive world, Legal



matters regarding any disciplinary action in the hospital, Job description of Nursing personnel, Creative Leadership in health care mission, etc.

Community Health Project – Half-yearly Review Meeting (2):

The second half-yearly review meeting of Community Health project was conducted at RUPCHA office in Delhi on 24 February 2017. Community Health Coordinators from 9 Centers were participated in the meeting. The presence of Ms. Kamakshi Kumari, APM from CHAI nurtured entire sessions of the day.

After the Holy Mass & a short prayer, Fr Jeejo Antony, Director, RUPCHA welcomed Ms. Kamakshi Kumari, Asst. Program Manager from CHAI and all the community Coordinators to the one day review meeting.

Ms. Kamakshi Kumari has presented a small introduction on the community Project and its objectives to the coordinators. There after Mr. Jobin George (RPO) took over the session and called out each participant to share their last six months activities. They were well prepared and shared about the work done by them and the achievements, through power point presentations and brief documentary video.

After each presentation APM and Director of RUPCHA clarified all the doubts in the presentations. At the end of Coordinators' presentations Jobin George, RPO presented his five months activity reports. After that Finance manager had given few instructions on finance management and billing. Review meeting was over by a short talk and presentation by Fr Jeejo Antony. In which he had spoken about the need of committed and dedicated works. He had shown two motivational videos.



Minutes of 26th AGBM

The meeting started at 2.00 p.m. on 4th August 2016, with a cordial welcome address by Sr. Lizy Abraham, the President. The following was the agenda for the business session:

- Welcome
- Presentation of Minutes of the previous AGBM (2015)
- Matters arising from the Report
- Presentation of Audited Accounts (2015-16)
- Presentation of Budget (2016-17)
- Amendments to MoA
- Election to Governing Board
- Appointment of Auditors
- Any other matter
- Vote of Thanks

Fr. Jeejo Antony read out the minutes of XXV AGBM on behalf of the Sr. Susheela MSJ, Secretary. The house was open for clarifications, queries, additions or omissions regarding the report of previous AGBM. As there were no clarifications, Sr Preeti proposed the report to be passed and Sr Manisha seconded it and the report of XXV AGBM was passed unanimously.

Thereafter Mr Shaju presented the audited accounts of 2015-2016 and budget for the year 2016-2017 on behalf of Sr Justy SD, Treasurer. As there were no clarifications, Fr. Reginald D'Souza proposed to pass the annual accounts and budget and Fr. Mathew Kayany seconded the proposal. And the floor passed the annual budget unanimously.

Thereafter, the president proposed some amendments to the memorandum of association that have been already discussed and deliberated in the governing body for the final approval from the general body. The following are the amendments:

- To establish and administer teaching hospitals, super specialty and multi specialty hospitals in the operational area.
- To establish and administer nursing colleges, schools and paramedical training institutes in the operational area.
- To establish and administer various hospices in the operational area.
- To implement institution based and community based rehabilitation programs in the operational area.
- To acquire and operationalize health care institutions belonging to societies of similar nature in the operational area.





Each amendment was read out separately and passed unanimously by the members by rising the hands as sign of acceptance and approval for further action.

Thereafter election to the vacant posts was done. The vacant posts are: Vice President, Treasurer, governing board members (three). President thanked all the outgoing members and the committed service to the growth of the organization. Director explained the important role of the governing body members for the sustainable development of the organization. As there were no nominations towards the vacant posts, the house was open to propose the eligible candidates for the vacant posts. The name of Fr. Reginald D'Souza was proposed to the post of Vice-president and the floor unanimously accepted and elected Fr. Reginald as Vice-president.

Sr. Jyoti UMI was proposed as the Treasurer and the floor accepted and elected her to the post of treasurer. Similarly the names of Srs. Grace SH, Reshmi HC & Preeti Margaret BS were proposed to the post of governing body members. The general body accepted and elected them to the post of governing body members.

Sr. Lizy Abraham MSA, The President congratulated and welcomed the new board members and thanked them for accepting their new responsibility to work with Rupcha. Regarding the appointment of auditors the floor suggested to continue the present auditors, M/s. S. Tuli & Co. for the year and on the proposal of Sr. Consilia Pengadu and seconded by Sr. Ancy Antony the floor appointed them as auditors for the current year (2016-17).

The role of Regional Resource Team was discussed and explained. It's to activate MIs, brainstorm, integrate programs and to be flagship of the organization. Most Rev. Bishop Francis Kalist encouraged the team to make the MIs more active and appreciated the team for getting a good number of participants for AGBM and said as he is seeing first time this much participation.

As there having been no other matter to discuss, the meeting came to an end with a vote of thanks by Sr. Lizy Abraham, President of Rupcha. In her speech, she specially thanked Bp. Francis Kalist, Fr. Jose Edassery, CHAI central team, Fr. Jeejo & his team, etc. for their cooperation. She also conveyed her special thanks to the outgoing board members Sr. Annie Mathew SCJM, Sr. Julita IBMV& Sr. Justi SD and presented mementos to them.