## A Descriptive Picture of the Results of first 9 months of 2<sup>nd</sup> year : Community Health Project at Jahangirpuri Slum, Delhi

Awareness creation programs on Communicable & Non-communicable Diseases, ANC/PNC, Personal Hygiene, Adolescence, IGP, etc.: Slum areas are characterized

by a complete absence of basic amenities and facilities like drinking water, toilets and bathrooms, drainage system and garbage disposal facilities, because of which various infectious communicable and noncommunicable diseases especially respiratory tuberculosis infections. and diarrhea/dysentery, skin problems and mental illness crop up. The most common diseases of the area are directly related with poor personal and environmental hygiene.





With regard to campaign for communicable & non communicable diseases to empower the slum dwellers health education organizing programs, awareness & animation, we have conducted 67 awareness programs against the planned 36 programs. Through these awareness programs, a total No. of 2246 people, mainly women and

their family members, were directly benefitted. As a result of these orientation programs, patients diagnosed or suspected for TB started to using masks and defaulters are restarted DOTS and takes nutritious food and other precautions. People are voluntarily approaching for tests. They are now more conscious on cleanliness and conscious to clean their surroundings. Stagnation of water in the area is very much reduced. Personal hygiene improved to a great extent. They clean their air coolers properly as one main cause of mosquito breeding habitat. People are aware of spreading the TB and other communicable diseases hence the stigma evidently reduced and behaves friendly and kindly.

Through the ANC/PNC awareness programs, more women prefer institutional delivery and gets specific care and attention to newborn babies with special needs in order to improve their survival chances and reducing the risk of maternal mortality.

As an outcome of these activities we could reduce/check the number of epidemics / outbreak of communicable diseases especially seasonal diseases in the area.

Mid-media Activities: We have conducted 19 mid-media activities against the planned 36 programs like Rally, Street Play, etc. and could create awareness in different issues. 1165 people participated in the rallies and street plays and whole community in the area are benefitted through the activities. The main topics we have taken were Sanitation, Road Safety, HIV/TB, Use of Drugs, Cancer, etc.





As a result, people keep their surroundings clean, use dust bins at home, reduced throwing waste on streets/drainage and reduced the spread of communicable diseases; youth became aware of harmful effects of drugs; wear helmets & follows traffic rules than earlier, children advocate the message to their family members & neighbours, etc.

We organized 7 medical or screening camps against the planned 9 camps for the period. 713 patients were participated and benefitted through these camps. Some people were reluctant to go for treatment in the hospitals and camps on their areas were more beneficial for such people. Those



patients who we are identifying through the home visits, we refer or accompanying them to the nearby government facilities for further treatment. We have conducted 5 general medical camps, 1 Thyroid camp and 1 eye camp. We have provided medicines for general illnesses and others were referred to have proper medical treatment from the public medical facilities.

In sanitation activities we have conducted 22 cleaning drives and 19 awareness programs on sanitation (total 41 programs) against a planned total of 45

programs. As result of sanitation drive, the area became cleaner. People started using the park again and children plays there. Nearby people keeps the park clean. As the blockages of drainage removed, there is no stagnation of water and sewage water doesn't enter in to the houses. Community participation in sanitation activities has been increased and reduced the rate of epidemic. People understand that keeping the



common places clean is their responsibility & duty. People support & cooperate with the Municipal Corporation staff while they clean the drainages. Now the people put the waste in the given dust bin and not throwing to the drainage. MCD (Municipal Corporation of Delhi) workers come and clean the drainage regularly. All the people from the area are benefitted. As the area is significantly cleaner than earlier, spread of communicable diseases reduced to a great extent.

We are giving a regular (monthly) training to the community coordinators for the smooth conduct of the project. We have conducted such 9 monthly programs in

this period. In the meeting we review the activities and giving advice and direction for betterment of project implementation and plan the activities for coming month. The coordinators are active and intervening in more health activities of the area. They have formed 24 Self Help Groups and conducting regular meetings (178). They have added 302 women to the SHGs. SHGs help in reaching out to the communities. Community is greatly benefits through their micro economic activities.



They have also **formed 20 Health Clubs with 100 club members**. They will be our active community health volunteers in future.

They have conducted a total number of 1425 home visits as part of health education and promotion of health. Coordinators have supported their health related activities, helped in identifying illnesses, referring the cases (417 Number of cases of TB, HIV/AIDS, CDs & NCDs referred for further check up in appropriate government facilities). Out of these 122 personnel diagnosed for various diseases.

They assisted 1232 personnel in availing various government schemes such as Delhi Ladli Yojana (a scheme for new born girl child - Under the Scheme financial assistance is provided in the form of term deposits - Rs. 11,000/- if born in hospital or Rs. 10,000/- if born at home at the time of registration and Rs. 5,000/- each in further five milestones i.e., Class I, VI, IX, XI & XII), various pension schemes, Ration card (52 through camp), Aadhar card, Labour card for 135 personnel, Caste certificates for 180 through a camp conducted, Voter ID cards (714 through camps), admission for dropout students. Out of 167 personnel applied for various pension schemes 86 already availed the schemes.

In collaboration with MCD, we have **distributed dustbins to 1650 houses**. Hence we could reduce throwing the waste to the open areas. After reducing the wastes in the street, dog bite cases are also decreased.

Through the ANC/PNC awareness programs, 128 women availed antenatal care and 72 women were received Post Natal Care. Currently more women prefer institutional delivery and gets specific care and attention to newborn babies with special needs in order to improve their survival chances and

reducing the risk of maternal mortality.

We have conducted 5 community volunteers' trainings instead of planned 9 in this period. Though the number is a little less than planned, we could form a street play team of children and they are performing during the awareness creation programs. Volunteers planted so many trees in the parks and surrounding areas.





Monthly review meetings at block levels are regular programs we are conducting to get the feedback and to know the needs of the community. In this regard, we could conduct 34 programs against the planned 36 programs. These meetings helped us in knowing the needs of the community especially of women.

We have conducted 2 quarterly review meetings at RUPCHA level to review & plan the activities and to do the changes wherever applicable. All the block level coordinators, project coordinator at centre level along with RUPCHA team participated in these meetings.

## Important:

## To support the main activities we have conducted many other programs such as:

- Planting trees in the park
- Installation of street lights
- Admission to dropout children,
- Dengue awareness rally with in collaboration with MDC,
- Drawing competition in collaboration with other NGO,
- Concreted the pathways of block areas, in collaboration with MCD,
- Distribution of dust bins
- Supported child immunization drive
- Installation of street lights in the block area
- Awareness for children on wrongdoings in the community
- Awareness creation on need of income generation & non-dependence for girls,
- Assistance in opening bank accounts
- Controlling street dogs & dog bites

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