



RUPCHA

CATHOLIC HEALTH ASSOCIATION - NORTH INDIA



ANNUAL REPORT 2021-22



RUPCHA

CATHOLIC HEALTH ASSOCIATION – NORTH INDIA

(Regd Name: Rajasthan Uttar Pradesh Catholic Health Association)

Vision

'Towards total Wellbeing'

Mission

'Fullness of Life through Collective Action'

GEOGRAPHICAL AREA OF OPERATION

- | | | |
|------------------|---------------------|-------------------------|
| 1) Rajasthan | 5) Himachal Pradesh | 9) Jammu & Kashmir (UT) |
| 2) Uttar Pradesh | 6) Uttarakhand | 10) Ladakh (UT) |
| 3) Punjab | 7) Delhi | |
| 4) Haryana | 8) Chandigarh (UT) | |

ECCLESIASTICAL DIVISIONS (18 DIOCESES)

- | | | | |
|--------------|--------------|--------------------|----------------------|
| 1) Agra | 6) Delhi | 11) Jalandhar | 16) Simla-Chandigarh |
| 2) Ajmer | 7) Faridabad | 12) Jammu-Srinagar | 17) Udaipur |
| 3) Allahabad | 8) Gorakhpur | 13) Jhansi | 18) Varanasi |
| 4) Bareilly | 9) Gurugram | 14) Lucknow | |
| 5) Bijnor | 10) Jaipur | 15) Meerut | |

GOVERNING BOARD MEMBERS



Most Rev. Francis Kalist
Ecclesiastical Advisor &
Archbishop of Pondicherry and
Cuddalore Diocese



Sr. Lizy Abraham MSA
President & Principal,
St. Francis Nursing
College, Ajmer



Sr. Ally Joseph MSJ
Secretary & Administrator,
Fatima Hospital, Lucknow



Sr. Vinaya Francis UMI
Treasurer & Principal,
Karunashray School of Nursing &
Paramedical Sciences



Fr. Viju Sebastian
Vice President & Director,
St. Mary's Hospital, Najibabad



Fr. George P A
Member & Director,
Holy Family Hospital, Delhi



Fr. Sabu PL
Member & Director,
Fatima Hospital, Gorakhpur



Sr. Reshmi HC
Member & Director,
Jeevan Jyothi Community
Center, Khairabad

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Professionalism in Institutional Healthcare



Fr. Dr. Sebastian OFM Cap
Director, RUPCHA

Professionalism in Institutional Healthcare' is the theme of the year. The theme derived from my voyage experiences and the exposure to the member institutions of RUPCHA in the northern part of India, especially the nine states with eighteen catholic dioceses. The very purpose of my constant visit is to understand, learn and conscientious me and the partners in the healthcare profession is resulted in the selection of the theme.

Why is professionalism so important? The concept of professionalism for healthcare providers and institutions can offer guidance for decision making in a fiscally difficult, rapidly changing, and ethically challenging environment. Professionalism is based on a specific set of principles and commitments that provide an orientation to the thoughts and actions of healthcare persons and system. We are motivated and obviously lenient to work hard, but rarely work SMART (Specific, Measurable, Attainable, Relevant and Time-bound) to achieve the goals.

The primary motivation for professionalism is to promote patient safety with affordable, accessible, quality care and structural smoothness in the working environment of the delivered healthcare system. Professionalism for hospitals and hospital systems to effectively care for patients, maintain a healthy workforce, and improve the health of populations, they must attend to the four domains: patient partnerships, organizational culture, community partnerships, operations and business practices. Impacting the social determinants of health will require collaboration among healthcare organizations, government, and communities.

Here are some attributes and habits you can use to develop professionalism in yourself:

1. **Modesty:** Keeping yourself humble makes you aware of your strengths and limitations, and you learn to appreciate the value others create for the team. With a trait like this, people work together and cooperate as a team without anyone thinking themselves better than others.

2. **Reliability:** Reliability is critical to workplace success. Departments are more effective and productive when individuals can trust one another to work responsibly. When you and your team can trust one another to create quality work, meet deadlines and respond promptly to requests, it is easier to overcome challenges and achieve organizational goals.
3. **Etiquette:** Etiquette is a code of conduct or manners used for behaving in a workplace. Using appropriate etiquette usually means demonstrating good habits, being polite and showing courtesy and respect to others. Considering that business etiquette can vary among employers and industries, it is typically best to be more formal.
4. **Consideration:** Employees who are thoughtful of the people around them are careful of their needs, feelings and thoughts. They are kind to their customers and colleagues even during challenging times. Being considerate while conveying bad news or criticism for a task or its results is more helpful and productive.
5. **Work ethic:** Employers prefer hiring candidates who are passionate about their work. They may be likely to offer career advancement to those who engage more in the workplace. Having a strong work ethic shows your commitment and loyalty to the institution in delivering better results through your work.
6. **Accountability:** Accountability requires you to admit your failures and mistakes, which can be demanding. However, owning up to your behavior shows your honest and forthright manners.
7. **Neatness:** Another essential aspect of professional behavior is maintaining a formal appearance with cleanliness and good hygiene. This relates to both you and your workplace

8. **Organization:** Organizing is often as important as neatness. Your workspace might be neat but still finding things on time can be difficult. This is why organizing tasks and things are necessary. If your workspace is both organized and neat, you will find important things quickly and work more productively. Organised professionals can better manage their obligations and time.
9. **Expertise:** There is no need to know about everything, but it is necessary to be an expert in the areas relevant to your work.
10. **Integrity:** Most businesses have a behavioral policy for their workers, yet you need to hold yourself to even higher standards of morality. You can show integrity by committing to your promises and being accountable. Integrity is an essential part of professionalism as it shows others your standard of morality for yourself.

Healthcare is now a three-trillion-dollar industry, with an estimated one-third of all spending being deemed “systematic waste,” including unnecessary and possibly harmful care. Hospitals and healthcare systems are focused necessarily on their own financial health during a time of major reform in care delivery and payment models; but at the same time, they can ensure the primacy of their missions, ethical and efficient operations, and patient and provider welfare. Professional ideology recognizes a high priority for useful and needed work and its social benefits. It does not avoid economic rewards. It simply requires that these rewards be acquired with appropriate attention to professional service and social responsibility. How to be more professional at work? Follow institutional policies, rules and upright etiquette, make everyone an asset to the team, treat others with courtesy and respect, avoid office politics and gossip, understand and follow professional culture and attitude, always be a responsible employee committed to personal development, update and exposure, Embrace feedback with the institutional goals in mind.

Presidential Message



Sr. Lizy Abraham MSA
President, RUPCHA

‘A Society is all the more human to the degree that it cares effectively for its most Frail and Suffering members, in a spirit of fraternal love’

- POPE FRANCIS

Professionalism in Institutional Healthcare” is the theme preferentially chosen for the 32nd Annual General Body Meeting of RUPCHA.

Land of India is known for its diversity, so too, is the health care system in India. Both the public and private healthcare sectors together focusing to provide healthcare facilities for such a vast population, which ranges from people belonging to below poverty line in one extreme to the super rich of the society so called creamy layer of the society in other extreme. Therefore the health needs and approach to the healthcare system is also diverse. And in such milieu it is interesting to learn that, centres for Health Care Service is no more called so, but ‘HEALTH INDUSTRY’ and the change of vocabulary brought changes in outlook, vision and objectives of these institutions. Proving to be true to the term, ‘INDUSTRY’, there is a paradigm shift in the healthcare model, from a Noble Humanitarian Service to a business model, and the common poor man bears the blunt of it, where his vulnerability has become the focal point of exploitation and profit making.

Catholic Church pioneered in healthcare service in India through its member institutions. Our specific missionary, apostolic and fundamental priorities were always focused on target group who are poor, marginalized and socially outcast - “THE LAST, THE LOST AND THE LEAST”.

In the Catholic Health Organizations, the greatest resource was human resources who were individual or group convinced of

their higher 'call', and their services emerged from their experience of God as a father who loves and cares for everyone without discrimination on any sort. Thus they believe in universal fatherhood and were committed to love their neighbour like a Good Samaritan. So their services had a special flavour of love, compassion, kindness, gentleness, generosity, justice, equality and dignity. That was our trade mark and that gave us our specific identity and resulted in healing of the body, mind, soul and restored health and life in abundance.

Having mention the above facts it makes me to ask a very pivotal question to myself and everyone involved in this divine ministry in medical fraternity, "When, Why and Where" did we shift our primary focus and started to lose our footing in this field.

We the religious organization who take pride in our legacy in this field and having true model in the person of Jesus, need to stop for an authentic evaluation and reflection. The common taunting questions we are often challenged in today's context, "IS OUR SERVICES RELEVANT TODAY?" The tales of an old golden story is telling catholic institutions were the much "sort after" health care institutions because of its remarkable service.

If then, when did we loose our distinguishing identity? If we sit in reflection, journey to the recess of our heart, we have the answer, clear and louder.

We were part of that rat race of modernizing, equipping and updating infrastructure and facilities to be relevant to the time and demand in par with the corporate sector, and in such race we neglected the human aspect of Jesus' Healing Ministry. It is time for us to re-orient ourselves to Jesus' approach to healing.

An event like AGBM of an organization is the

appropriate platform to reflect and re-orient for a common mission. Let us spend our energy and resources to uphold the Christian perspective of service and make appropriate move, to be relevant without losing our credibility and identity, giving equal importance to professionalism and human qualities to touch lives and bring about life in abundance, because we care for human being in their vulnerability and suffering.

A word of 'Thanks' will not Suffice to express my sincere appreciation and gratitude to Director Fr. Sebastian OFM Cap., and his team at the center who tirelessly work hard to translate the vision and mission of RUPCHA effectively and efficiently through the innovative methodology, approaches and commitment. They are the willing generous hands of the governing body of RUPCHA to reach the unreached.

I can't but acknowledge and appreciate the magnanimous personalities who make the governing body of RUPCHA. Because there charismatic reflection and thoughts inspire RUPCHA in its journey to cross significant Milestones. Thank you for your co-operation and singleness of purpose.

I would like to take this opportunity to thank every member institutions whose feet that trod the less travelled road to extend God's Compassionate care to those who wait to see the face of God in their suffering and pain.

Our task now is not to fix the blame for the past, but fix the course for the future. An organization is held together by shared beliefs and shared mission. That is what gives an organization it's tone, it's fibre, it's integrity, it's moral style, it's capacity to endure.

So hope and pray like people of God in Exodus.

May God Bless You!

PROFESSIONALISM

Need of the Time



Most Rev. Francis Kalist

Ecclesiastical Advisor to RUPCHA
Archbishop of Pondicherry &
Cuddalore

Professionalism in Institutional Healthcare” is really a thought provoking theme for our AGBM as well as our healthcare system at large. Since 200 years or more we have been providing institutional healthcare services pan India but our healthcare institutions and providers lag much behind in their professional approaches in our system. We should be working together as a team to achieve this goal in our mission. Though it is a never ending task, we should be venturing into it on an everyday basis as the need of the time. On this occasion I wish you all the best and god’s blessings.

In defining “professionalism” within the healthcare setting, various bodies set standards of professionalism for working in the field, often dictated by medical specialty. Medical Professionalism in a changing world is a set of values, behaviors, and relationship that underpins the trust of the public has in health care institution and its health providers. An individual’s professionalism is measured by how they demonstrate **knowledge, skills, and attitudes/abilities** in the domain of Professionalism. A successful healthcare professional is a person possesses the qualities such as empathy, emotional stability, resourcefulness, meticulous nature, in depth knowledge of the subject, the technical skills, and work in team-spirit, motivational skills and career in healthcare. As a team the health providers should enjoy commitment to professional competence, honesty with patients, patient confidentiality, maintain appropriate relations with patients, improve quality



and access to care, a just distribution of finite resources, scientific knowledge, maintaining trust by managing conflicts of interest and responsibilities.

How to develop professionalism? Whether you're a new appoint starting with an entry-level position or a senior health provider, you can still use the following steps to develop professionalism: Envision your professional goals to guide yourself. If you know what you want to achieve professionally, visualize it. This keeps you moving forward despite setbacks, and it can help you improve yourself professionally throughout any challenge. Focus on developing good habits. It takes time to develop new habits, so start small. Give yourself a goal, break it up into small steps and follow it backwards. Developing good habits makes you self-disciplined,

which is an essential trait when developing your professionalism. Focus on one new character trait at a time. It takes practice to become good at something, so start with developing one professional trait at a time.

We have been following a set of behavior patterns in our dispensaries, health centers and hospitals over the time without realizing the due impotence to the changes of time. Change is inevitable and we should force ourselves to come out of our safe zone and adapt to the needs of the time. It is the time for us to bring professionalism in our health care institutions and the care providers. Best wishes to all for the upcoming AGBM and the endeavors of RUPCHA for bringing everyone together under a single umbrella.



Message



I am delighted to note Rajasthan Uttar Pradesh Catholic Health Association (RUPCHA) is holding its 32nd Annual General Body Meeting on 26 November, 2022 at Nazareth Hospital, Prayagraj, Uttar Pradesh on the theme “Professionalism in Institutional Healthcare”.

The support provided by RUPCHA to its Member Institutions through significant programmes like Integrated approach to community empowerment & health among slum dwellers; Child development programme for girl children; central procurement system, enhancing collaboration with government and scale up services of community health interventions as well as Covid 19 relief activities, are commendable.

I congratulate Sr Lizy Abraham MSA, President of RUPCHA and Joint Secretary of CHAI; Rev Dr. Sebastian OFM Cap, Director; Board Members, Staff and the Member Institutions, for their commitment and invaluable contribution to the region. May the Lord Almighty continue to bless you through intercession of our foundress, Sr. Dr. Mary Glowrey and all those who followed her, to promote compassionate, affordable and quality care, especially at the margins of the society.

Rev Dr Mathew Abraham, C. Ss. R, MD

Director General

Catholic Health Association of India

Message



Dear Friends,

As the President of CHAI, I deem it, it's a God given opportunity to extend my sincere and cheerful appreciation for the 32nd Annual General Body Meeting of RUPCHA (Rajasthan Uttar Pradesh Catholic Health Association). Let me thank God almighty who has led us through the troublesome period of COVID-19 pandemic and guided us fulfilling our commitment to those most in need and in challenging situations in the remote rural areas. May the Lord reward you all bountifully!

RUPCHA as a regional unit of CHAI is always at forefront to render its coordination and networking among its member institutions which is more important than ever. The member institutions of RUPCHA continue to provide affordable, accessible and compassionate quality care to the community through its various activities like community health, women and child development, palliative care, disability care, network strengthening etc.,

It's my pleasure to appreciate all the Executive Board Members of RUPCHA, for the unity and the commitment that you show, the hard work you put in, the collaboration that you extend, your contributions which are immense and immeasurable. As you commit to move ahead into another year of compassionate, affordable and qualitative health care services, we seek the guidance and blessings of our founder Dr. Sr. Mary Glowrey to continue the mission of healing with much dedication and devotion for the greater glory and honour of God.

Sr. Dr. Victoria Narichiti, JMJ
President
Catholic Health Association of India



“The Song is ended but the Melody lingers on...”

*A humble tribute to Mr. Sebastian Kunnath,
Former Director of RUPCHA*

RUPCHA deeply saddened by the unexpected yet providential demise of our former Executive Director Mr. Sebastian Kunnath at 7.00 pm on July 16 and laid to eternal rest on 17 July 2022. We the members of RUPCHA wish to offer our prayerful tribute to the departed soul and heartfelt condolences to his confreres and dear ones.

You were fortunate to be born (27 February, 1942) as a son of a loving family of Mr. Ulahannan Kunnath & Mariam John at Thodupuzha, Kerala.

Dear Mr. Sebastian Kunnath, you have been a man of many accomplishments in life as a Montfort Brother of St. Gabriel, Social Worker, family man and as individual. You were a good teacher, trainer, team leader, orator, writer... Your Divine Master must be greatly pleased with your earthly sojourn, your life mission and the rippling effects of its goodness. Your words touched many lives; your visions brought forth new innovations and your patronage enlivened the spirit of purpose in many groups and movements.... And the marginalized people of Rupcha region are one such beneficiaries of your mission.

RUPCHA has always experienced your motivational and caring leadership & support

in your nearly 21-year-long journey. You were with us as a firm and reliable source of support in all that we have accomplished till date. Since the day of your inception as Senior Program Officer/ Manager in September 1994, and subsequent elevation as Promotional Secretary (2003) & finally the Executive Director (upto 2015), your wise and able leadership helped RUPCHA to successfully organize various community health, leadership, capacity building and relief activities.

Today even as we continue with the mission, we realize that you who've been our inspiration and guide, are no longer with us! As an Irish proverb has it, “Death leaves a heart-ache no one can heal, love leaves a memory no one can steal”.

Finally, what is death after all? It is only a horizon which is nothing but the limit of our sight. As the luminaries have said, ‘Death is not extinguishing the light. It is putting out the lamp because the dawn has come’ (Tagore) and again, ‘Life and death are one even as the river and the sea are one’ (Khalil Gibran), we believe that your love will stay with us till we meet again in heaven!

Thank You & Rest in Peace!



‘Integrated Approach to Community Empowerment & Health’



The new phase of the project ‘Integrated approach to Community Health & Empowerment of Slum Dwellers & Migrant Workers of Jahangirpuri slum, Delhi’ officially started with a Co-ordinators Training at RUPCHA office, Delhi in April 2021. Our sincere thanks to MANOS UNIDAS and its team for the moral & financial support rendered towards the Jahangirpuri community.

The project is being implemented in the five blocks (D, E, EE, G & K) of Jahangirpuri Slum, Delhi. We have included 8500 families / 42500 people of these 5 slums as direct beneficiaries and around 100,000 people as indirect beneficiaries. It was a tough time to work within the community due to covid-19 spread, though we have taken the challenge to help the poor people there. We are happy to state that we have achieved our overall objectives/ goals within the stipulated time. Through the project activities, we were able to raise the living standard and awareness level of the community to some extent, especially of women & children.

It was the time we have started the implementation of or project, in the midst of the second wave of Covid-19, when nearly 4,00,000 people were affect by the virus with a death rate of about 4,000 persons per day, and the government imposed various restrictions (including lock down) to the people to contain the spread of the virus.



We highly appreciate MANOS UNIDAS for their timely support to the poor & the marginalized, which helped us immensely in our fight against Covid-19 pandemic and saved hundreds of lives in the slum area. We have distributed various protective items to 8000 families of Jahangirpuri, after assessing their needs.

Project Activities:

Community Awareness Creation Programs:

In the beginning months (April–July 2021), group meetings were not permissible because of the government restrictions due to covid-19 pandemic. Hence we have decided & conducted the possible activities for the initial months like door to door visit for awareness creation especially on covid-19; data collection and helping them to avail government schemes. Our door to door visits for awareness helped to remove their fear on covid-19; they have understood the symptoms, started to take precautionary steps and started to give extreme care to the patients/ post patients, too. The coordinators helped the needy patients for hospitalization (it was a time of queuing in the hospitals for bed & oxygen), provided support for covid-19 testing and for other emergency services. Many people were reluctant and not ready for vaccination because of their customs & beliefs but after the proper awareness creation and understanding the ground level realities, they have started to take vaccination. We have collected and provided groceries to the families

and also helped to get various support from the government.

Mid-media Activities:

We have conducted 28 mid media activities altogether such as mass awareness through public address system on vehicles, wall paintings in prime areas, street plays on the topics of sanitation and pollution, rallies on pollution control, etc.



Production of A/V Media Program:

We have produced an awareness film 'Nasha – A Tag of Death' based on Drug abuse. The film is being displayed in our awareness programs. Moreover, we have circulated it among the member institutions of RUPCHA. Hence along with our target people in Jahangirpuri, the other

people of different areas/states of India could see the awareness film and hope it would bring positive changes in many lives too. It will be very helpful & informative for many for a long time.

Health Camps:



We have organized 14 medical/screening camps and 1412 patients were directly benefitted through the camps. In three Eye camps 368 patients were screened and 142 patients were having vision problems and provided spectacles and those who required further investigations & treatment were referred. Three Ayurvedic medical camps for general ailments were conducted and 311 patients have benefitted & availed treatment through it. Two camps on thyroid & calcium screening were organized and 78 people were benefitted.



Community Sanitation Activities:

We have conducted 52 sanitation activities altogether including drainage cleaning, cleaning of roads & surroundings of houses and fogging the area. 757 community members voluntarily participated in the cleaning activities. It include 30 drainage cleaning activities, 1 fogging activity & 24 parks, roads and surrounding areas cleaning activities.

Awareness Programs on Sanitation

We have conducted 31 awareness programs / trainings to make the community aware of personal hygiene. It dealt with Proper hand washing methods, personal hygiene & health, hygiene related with baby care, safe drinking



water, proper use of toilet, etc. 1321 personnel participated in these programs and their families around 8000 personnel benefitted through this programs.

Monthly review cum training program for coordinators



Each month we have convened a meeting to review and evaluate the activities conducted during the month and to plan for the next month's programs. We have discussed & assessed the ground level reality that the local community faces due to covid-19 pandemic & major challenges of the coordinators in the field. Accordingly we have planned & prepared the protective materials to provide to the community. Coordinators submitted their reports and other supporting documents each month for evaluation and verification and presented the same during the meetings. After the evaluation they have given necessary suggestions for the betterment & outcome.

Training programs for community volunteers

We have conducted 7 trainings for community volunteers in different topics and were 339

participation altogether. The topics were: SHG formation, adolescent health & other problems they faces, mental health, Herbal medicine and its advantages, thyroid and post covid-19 complications, constitutional rights, etc.

Monthly Block level meetings:



We have conducted 23 block level meetings altogether and 570 members from the community actively participated in the meetings. During the initial months we were not able to convene the meetings due to the covid-19 restrictions from the government. During these meeting we have raised the issues that the people of the target area face.

Quarterly Review meetings:

We have conducted 3 quarterly meetings during the period including an orientation cum induction program for the Block Coordinators and Project In-charge to detail the project activities, goals & objectives of the program, how to plan & prepare each program, and how to report the programs.



Counseling programs:

We have conducted 57 group counseling programs for the community and 1934 persons were attended in the counseling programs. We have organized counseling programs in general, for women, for youth, for children and for families, separately to identify the needy personnel and to follow up with individual counseling. The women, children, youth, adolescent girls and families are facing many issues. Counseling is an important tool to make them understand the realities of life & how to face their problems scientifically.

To obtain the maximum result, we have conducted different supporting activities, such as:

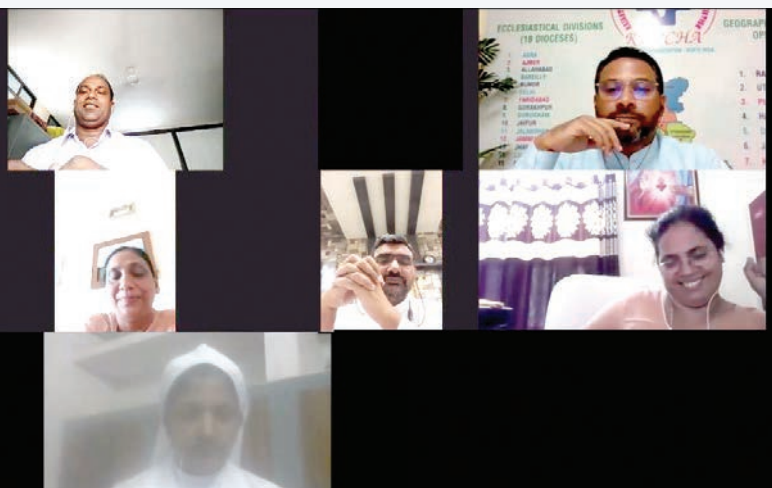
1. Formulated 6 SHG groups, includes 83 members
2. Organized 4 programs for all the 5 blocks regarding Health club formation and 209 were participated.
3. Conducted 3695 (1409+2286) home visits and given health awareness, awareness on our project activities and urged them to participate in our project activities.
4. Home visits helped to know the health problems each family is facing, in finding out the needy personnel for counseling.
5. Provided face masks, sanitizer, pulse oximeter, gloves, vaporizers, packaged food & dry kits during the pandemic period of covid-19.
6. Conducted base line surveys to find out ANC/PNC requirements (referral cases were

119), patients with CDs & NCDs, to get the details of disability people and the needy people.

7. Home visits helped in availing different government schemes to the people, such as, Ladli Yojana (a scheme for girl children), Old age pension, Widow pension, Ration cards, Aadhar Cards, PAN Card, Labor card and E-shram card, Identity cards, Admission for dropouts, Birth certificate, etc.
8. We have printed & circulated 5000 annual calendar for the year 2022-23, which include many health awareness details on Communicable & Non communicable Diseases.
9. Other IEC brochures/materials also circulated during the house visits and rallies.
10. International Women's Day Celebration: We have celebrated the women's day at Jivodaya centre, Jahangirpuri on March 5, 2022.



Governing Board Meeting



In view of the travel restrictions imposed by the government during the pandemic period, a meeting of the Governing Board of Rupcha was organized on Wednesday, 06 October, 2021 on virtual platform and the members Sr. Lizy Abraham, Sr. Ally, Sr. Vinaya Francis, Fr. Viju Sebastian, Fr. Sabu PL&Fr. Dr. Sebastian, Director were attended the meeting.

The meeting started at 11.00 a.m. Sr. Lizy Abraham, President warmly welcomed all the members to the meeting and given a small introduction & presidential message. Sr. Ally, Secretary presented the minutes of last board meeting. Sr. Vinaya, Treasurer presented the financial report for the period. She specially detailed the covid-19 relief & new projects' statements.

Fr. Sebastian presented the activity report of Rupcha and briefed about the completed & ongoing activities of RUPCHA, such as:

- Renewal of Society Registration has been done & the renewal of FCRA, 12A, 80G registrations are on process.
- Opened new bank account for FCRA in SBI and 2 utility accounts too.
- 'Jeevan Dhara – Light the Candle' project has been started at Madangir, Delhi by April 2021. It is meant for the overall development of children and with the financial assistance by Light the Candle International Inc.
- Briefed the course of action taken for covid-19 relief work, the money & material collected

till date, how it has been distributed to our institutions, list of beneficiaries and thanked all the benefactors & well-wishers.

- Congratulated the member institutions that worked as government corona care centers during the pandemic.
- 'Dil hei beti ki asha – Light the hope candle' project has been started at Burari village, Delhi for the overall development of children.
- Explained about present situation of Central procurement system of Rupcha and online procurement.
- Community Health Program assisted by Manos Unidas, has begun at Jahangirpuri slum, Delhi
- Diocesan & member institution visits are going on well.
- Present membership details

The board discussed about the forthcoming AGBM of Rupcha 2021. It has decided to conduct the AGBM in physical mode at Lucknow and proposed to be a 1-day program during the 3rd week of November 2021. Program shall start with Holy Mass at 10 a.m. and continue till 4 p.m. It suggested the Lucknow Bishop as Chief Guest for the program and also discussed other deliberations.

The members discussed about electing a new member to the board as Sr. Lizy is completing her term but advised to continue as President for one more year because of some important certification process are still going on. It has decided to meet once again before AGBM, to review the preparedness or actions taken, to discuss about the further necessary arrangements.

The Board has discussed & expressed its disgust about the regular absence of some members in board meetings.

The board has appreciated the exemplary work has been done by the Director Fr. Sebastian & the staff during the covid-19 pandemic period. In response to, Fr Sebastian expressed his gratitude to the board members and member institutions for their cooperation.





‘MISSION OXYGEN: Covid-19 Relief Activities’

In the midst of the second wave of Covid-19, all the hospitals in the region including our member hospitals were struggling with acute oxygen crisis. The hospitals in rural areas, which cater only to the poor, were struggled the most to treat the Covid-19 patients. The patient load was drastically increasing everywhere and all beds, even verandas were filled with patients and the patients were losing their lives due to lack of oxygen supply. At that time, nearly 4,00,000 people were

affected by the virus with a death rate of about 4,000 persons per day!

During this oxygen crisis faced by the hospitals, we strived to give our support to the humanitarian cause of helping the hospitals in their urgent need of life saving Covid-19 care equipment. We approached several organizations and individuals for immediate assistance. In response, we received immediate support from several kind souls, organizations, local and foreign benefactors, in the





form of equipment or money to procure them. As the equipments were made available, they helped in saving hundreds of Covid-19 patients. For many of our hospitals, it also provided a permanent solution to the oxygen crisis.

We have distributed all the support we received, in two phases. In the 1st phase, as part of Mission Oxygen, we have distributed the equipments like oxygen concentrators (49), ventilators (11) and Bi-pap machines (5) to 42 of the neediest healthcare institutions. Moreover, we supplied protective measures in different areas. In the 2nd phase we were able to assist 80 member institutions as part of the preparedness for any future crisis. With the generosity of HCL Foundation, Fatima hospital Lucknow set up an ICU unit. It helped many poor and marginalized people in the rural areas. In this way, we have tried to divert the Covid-19 pandemic disaster to an opportunity and a possibility to help our member institutions and the needy.

We highly appreciate the prestigious Young

Presidents Organization (YPO), especially Mrs. Uma Antony of YPO for her selfless service to the poor and the marginalized by relentlessly assisting, supporting our mission through her family, friends, organization and foreign benefactors, which helped us immensely in our fight against Covid-19 pandemic and saved hundreds of lives in the rural areas.

Our wholehearted gratitude goes out to the organizations and their heads: Missio Germany and Mrs. Branka Begic and Thomas Thirolf; the Archdiocese of Cologne and Rev. Nadim K. Amman; KVN Foundation and Juggy Marwaha and many other individual benefactors. Our special thanks to HCL Foundation and Mr. Robin Thomas for their generous support to set up an Intensive Care Unit (ICU) at Fatima Hospital, Lucknow. It will surely save many lives of the poor people.

We highly appreciate all the Covid-19 warriors and benefactors for being a Good Samaritan during the time of the pandemic. ●●●



Central Procurement System of RUPCHA & MEETING



Central procurement system is one of the platforms RUPCHA has created for common projects for member institutions. The Central Procurement System has been in operation for the last nine years and the MIs have been receiving the maximum benefit out of it. Presently, 55 member hospitals with 5000+ beds are participating in and benefitting from the scheme.

We always strive to scale up the system by adding more items, based on the needs of member hospitals. For each product, we enter into contracts with three companies, without compromising on the quality of the product, service and price. We review the services provided by the companies on a regular basis and enter into annual rate contracts with that companies and major suppliers, always making sure that the applicable rate for each item remain the same for all member hospitals. In this way we have been able to ensure availability of items to small hospitals too. Periodic review

meetings are organized at the regional level to monitor and check the quality and efficiency of products and services. The Administrators / Directors / Procurement In-charges of the hospitals attend these meetings in which they express their institution's experience with the companies. Their feedbacks are recorded and mutually shared.

In this regard, we have conducted a 2-day meeting of Central Procurement on 23-24 March, 2022 at Conference Hall of Holy Family Hospital, Delhi. 45 hospital heads attended the meeting to meet with the invited companies, for price negotiation.

Before meeting with companies, Director, Fr. Dr. Sebastian briefed through a presentation about the purchase system, & the pros and cons of the system. It evaluated the service of companies and discussed feedbacks to find a way out of existing problems. He reminded our collective strength as a group. He urged for the cooperation from hospitals for the betterment of the system.

We have included Medicines, Consumables, Reagents, equipment, furniture, etc to the system. One of the main advantages of the system is single price for all our MI hospitals. He advised the hospitals to direct the good companies to register with our purchase system. He reminded that it is teamwork and each MI is indispensable.

Fr. Sabu, Director of Fatima Hospital Gorakhpur explained about the implementation of government schemes like Ayushman Bharat in his hospital. He explained well how it functioning in their hospital and also dealing with government officials. Associating with the government schemes is beneficial now and will be in future also. They have done 25 open heart surgeries till date through the schemes. Many member hospitals started the schemes but gave up in between due to many reasons.

Fr. Sebastian pointed out that while evaluating the progress of our system, the facilities which were available/ offered by the companies are not used by the MIs. He explained many advantages, disadvantages and the deficiency/imperfection of functioning of MIs. Many are not aware of rates & rate contracts, don't know its advantages or not interested in making benefits out of the system,

they don't know about their consumption from each company, no feedback from MIs, unpleasant attitude towards the company representatives, lack of coordination between administrators and purchase departments.

Overall, we noticed a considerable reduction in cooperation from member institutions towards the central procurement system. Obviously, without the cooperation of members, the system is bound to fail! Getting reliable companies registered with the system, perhaps, is the most important part of the process without which the system cannot run for long. However, if the members do not buy from those registered companies, there is no point in registering the companies at all. No doubt, we all benefit so much from the system but fail to show sufficient interest in it and augment it with our cooperation. This beneficial system runs purely on a mutual understanding between the companies, hospitals and Rupcha and it is up to us, all members, to build on...!

Soon after the discussions among the member hospitals, the meeting with companies has been started and we met with 28 companies during this 2-days' meeting. ●●●





Governing Board Meeting

A Governing Board meeting has been conducted on Thursday, 24 March, 2022 at Holy Family Hospital, Delhi. Sr. Lizy Abraham MSA, Fr. Viju Sebastian, Sr. Vinaya Francis, Fr. Sabu PL, Fr. George PA & Fr. Dr. Sebastian were attended the meeting. The meeting started at 9 a.m.

Sr. Lizy Abraham, President warmly welcomed all the members to the meeting and given a small introduction & presidential message. Sr. Vinaya presented the minutes & the board passed the minutes unanimously.

Thereafter, Fr. Sebastian presented the activity report of RUPHCA and briefed about the completed & ongoing activities of RUPCHA, such as:

- Renewal of FCRA, 12A, 80G registrations are on process
- 'Jeevan Dhara – Light the Candle' project is going on well and completing one year shortly. The Light the Candle International Inc. have consented to continue their

financial support to the program for one more year and also allowed to add 25 more children to the program.

- 'Dil hei beti ki asha – Light the Hope Candle' project at Burari village, Delhi for the overall development of children, will complete its first year very soon and need to find out support to continue the program.
- Community Health Program at Jahangirpuri slum, Delhi assisted by Manos Unidas, is completing its first year.
- Community Health Program in 25 villages, implemented by 5 MIs, assisted by CHAI-MISEREOR, is progressing well.
- Diocesan & member institution visits are continues.

Sr. Ally informed her unavailability to continue as board member due to her transfer and taking charge of other assignments. After discussion the board suggested her to continue till next AGBM.

The board has appreciated the Director Fr. Sebastian & the staff for their hard work.

We were in the process of renewal of certifications such as Society Registration, FCRA Certificate, 12A & 80G of Income Tax and after a long wait we have received all the certificates. Special thanks to all the Board members & Mr. Shaju KV from the Secretariat for all their cooperation and efforts they have taken to accomplish the achievement.



‘Jeevan Dhara Light the Candle’

RUPCHA has started the implementation of the project, ‘Jeevandhara - Light the Candle’ project in April 2021, at Madangir slum, Delhi. We would like to express our heartfelt gratitude to the prestigious organization ‘Light the Candle International Inc’ for its continued generous support. It is an initiative to mainstream the school dropout children, especially girls and overall development of children from the underprivileged rural/slum areas. We focus to mainstream all the dropout children and also support to underprivileged school going children to continue their studies together with their overall development (Educational, Physical, Nutritional, Social, Mental, Moral values). The supporting activities mainly include tuition classes, study materials, books, school bags, stationery, nutritional food for children, etc. Initially we supported 50 children and presently the support extended to 75 children and glad to state that we could make evident progress in their life since the inception and can continue help them to reach in new heights. It is being implemented with the collaboration of SMMI Sisters at Vinaya Bhavan Maternity Centre, Madangir, New Delhi.



While visiting the slums/villages to provide essential services to contain the spread of covid-19 it was visible the impact of



covid-19 pandemic & we have seen the plight of children, especially girls, who have dropout school and also have not been able to have proper nutrition as the earning of the family is very little. After a feasibility study in the area and assessment of genuine needs of the community we have prepared, submitted and started implementation of the project.

Madangir is a densely populated resettlement colony, which is divided into 26 blocks and 183 wards. Economically, the people belong to the lowest stratum of the society with no permanent source of income. Women are not given due importance and privileges in the society. The slum areas here are characterized by a complete absence of basic amenities and facilities like drinking water, toilets and bathrooms, drainage system and garbage disposal.





NASHA

The Tag of Death



NASHA – THE TAG OF DEATH:

An awareness film on Drug Abuse by RUPCHA

Drug (substance) abuse has become a worldwide menace. No part of the country is free from the curse of drug addiction. Drug abuse has emerged as a serious concern, adversely affecting the physical, mental and socio-economic well-being of the people. It has enormous presence on public health across various sections of society. The epidemic of drug abuse in younger generation has assumed alarming dimensions in India. The stress and strain of the modern-day life has rendered the individual more vulnerable to the problem of substance abuse. Addiction to alcohol/drugs not only affects the individual involved, but also the family and society at large.

Recognizing the seriousness of the multi-faceted implications of the incidence of substance abuse in the country, and to be part of drug abuse prevention, RUPCHA has produced an awareness film 'Nasha – The Tag of Death' and through it tries to make awareness among the people, educate especially the youth the ill-effects of substance use. We use other mid-media programs such as rally,

street play, and also capacity building, trainings and counseling activities to prevent the problem of substance use.

The extent of drug use among youngsters remains higher than that of older people. The early (12-14 years old) to late (15-17 years old) adolescence is a critical-risk period for the initiation of substance use and that substance use may peak among young people aged 18-25 years. There has been a substantial increase in the prevalence of use and abuse of substances in young children. Some of the family characteristics place children at a higher risk for substance abuse: parent with a history of alcoholism and drug abuse, high levels of family conflict, lack of and/or inconsistent parental discipline. Both the roles of family and community are vital to deterring child and adolescent substance abuse. The abuse of alcohol and drugs has resulted in significant morbidity and mortality among adolescents worldwide. This issue is not peculiar to any one community or culture.





Enhancing Collaboration with Government and Scale up Services of Community Health Interventions

The broader aim of the community health is empowering local communities. It is envisaged that an empowered community will have an active group within, who will be able to identify the factors causing ill-health, discuss their problems, find out means to solve their problems and thus take active responsibility for their own health and development. A health worker identified from among the local community members will act as a catalyst and function as a change agent in her community.

In order to make this happen, facilitation is required especially in the initial stages after which the communities will stand on their own feet. The units of CHAI closest to the community are its Member Institutions, which range from simple dispensaries to modest clinics, run by Sisters and other health personnel who have the experience of dealing with the local population. If these member

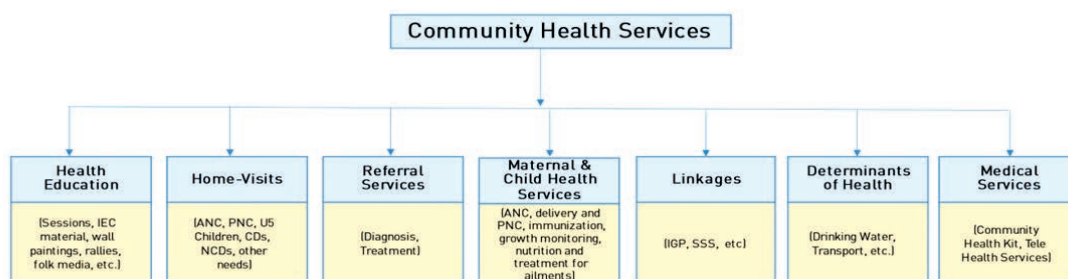
institutions can be equipped with the means to empowerment of their local communities, then the model becomes sustainable, dynamic and responsive to the ever-changing situation.

With the involvement of its MIs, CHAI has been continuing to provide Community Health services for many decades. The concept of Community Health is so well instilled that thousands of MIs of CHAI have integrated these services into everyday functioning. The RUs have played an important and critical role by providing technical assistance to the MIs which includes conducting trainings, networking meetings and dialogues, coordination among the MIs, creation of IEC material and documentation among others.

As part of the Community Health approach, the MIs provide a wide range of services which aim at overall development of the individuals and communities.

Major Activities

Objective – 2: The population of 175 villages is empowered in safeguarding their health, through the work of 35 CHAI MIs.





Innovations

Adopting to the evolving needs in the communities, CHAI Central Office is putting into effect several innovations:

Tele-health services: Though the concept of tele-medicine has been in existence for decades, but the covid-19 pandemic facilitated/helped in understanding its value and use. Familiarizing people in rural areas with technology and enabling them to use it is a difficult process. CHAI has made a successful start by putting in place mobile and web-based applications being used by nurses at the MIs for providing treatment to people in rural and low economic background by accessing medical review and advice by a doctor who is remotely located, but virtually available. CHAI is making efforts to help the MIs in making use of tele-health services.

29 MIs has been enrolled in CHAI tele-health program from Rupcha region. In the present situation getting a qualified medical doctor for a rural health centre is a big challenge. CHAI has taken this challenge with the support of the technology and Doctors and started providing tele-health service to the rural patients through its member institutions.

Online courses: The covid-19 pandemic also impacted the training and continuous education support that is needed by the healthcare providers. By making best use of technology, CHAI has designed online course on Community Health which the healthcare workers from the MIs can undergo by continuing their everyday work and at their convenience.

Linkages: For the welfare of the people the Government implements several socio-economic schemes. However, many people are generally not aware about these schemes. Many times, people also do not know the process and have the required documents to apply for these schemes. As part of the Community Health services, the MIs facilitate linkages between the respective schemes and the targeted beneficiaries by sharing information, assisting in obtaining the required documents and in submission of the applications.

Coordinating uniformity and diversity: The CHAI Directorate assists the MIs in adopting uniform approaches and provision of services. At the same time, participatory approach is used helping communities prioritize problems and find solutions collectively.

In the RUPCHA region, the project is being





implemented in 5 districts i.e. Lucknow, Sitapur, Sultanpur, Mohanlalganj & Kanpur of Uttar Pradesh State and 5 MIs actively involves in the implementation i.e. 1) Shanti Niketan, Lucknow, 2) Social Action Centre, Kanpur, 3) St. Joseph's Health Centre, Mehmudabad, 4) Amritkunj, Mohanlalganj, Lucknow & 5) Karunashray Samajik Seva Kendra, Sultanpur. Each MI works in 5 villages to empower the communities in safeguard their health through health and developmental activities.

Activities	
No. of awareness programs	214
No of people reached through awareness programs	7847
No. of MIs enrolled in CHAI Tele-health	29
Women's participation in health education program	
Number of immunization program	240
No. of women and children immunized	3927
Home visits	2101
People covered through home visit	10843
Referrals	
Women referred for institutional delivery	431
People referred for various ailment	2828
Children referred to PHC	328
People linked with IGP	52
People linked to social security schemes	376

We would like to express our sincere gratitude to CHAI & MISEREOR for their support. We highly appreciate Mr. Mohammed Mateen, the Project Manager of CHAI, Mr. Sam Philip, Program Officer and the project coordinators Sr Varsha MSJ, Sr Julie MSJ, Sr Reshma UMI, Sr Vimal UMI and Sr Nancy MoP, for their dedication to the poor and for playing a major role in successful implementation of the project.



Christmas celebration

Christmas celebration was organized on 22nd December 2021 at RUPCHA office along with both the child development projects' Coordinators and Staff of Madangir & Jahangirpuri. Christmas gifts were distributed to all the project staff and the meeting concluded with Lunch.



EVALUATION VISIT:

Light the Candle Jeevandhara

Mr. John Gheevarghese, General Secretary and Mr. Abshishek, Project Supervisor of Light the Candle International have visited Jeevandhara Child Development Centre at Madangir, Delhi on 18th June 2022. Fr. Dr. Sebastian, Director of RUPCHA welcomed the team and Sr Anamika, Project Coordinator gave an introduction about the project team and briefly described the activities and results. The children performed various cultural activities such as welcome dance, group dance, singing, etc.

The team interacted with the staff and shared their assessment & opinions for betterment. They also interacted with the children and the children prudently replied to all their questions. Children expressed their gratitude for the support they receive through the project. The team evaluated all the activities and progress of children in their academic and physical activities. They appreciated the children for their vibrant performance and also appreciated the project team for their commitment and effort. As a result of the visit they have agreed to add more students as the project beneficiaries, and accordingly we have increased the students' strength.





31st AGBM of RUPCHA

The 31st Annual General Body Meeting of RUPCHA was held on Saturday, 20 November 2021 at Navintha Pastoral Centre, Lucknow and 90 members attended the meeting. The theme for the AGBM was, 'Vigilance & Diligence in Covid Waves'. Director, Fr. Dr. Sebastian OFM Cap gave an introductory note to the gathering.

The meeting began with Holy Eucharistic Celebration at 9.30 a.m. Rt. Rev. Gerald John Mathias, Bishop of Lucknow Diocese was the main Celebrant. In the homily he quoted the examples of healing ministry of Jesus and urged us to be a compassionate healthcare provider, a Good Samaritan. Songs, readings, intercession and other arrangements has been done by the UMI Sisters, led by Sr Vinaya Francis.

Soon after the mass, at 11 a.m. the Inaugural Session started with a general welcome by Fr. Dr. Sebastian OFM Cap., Director of Rupcha. Then he invited the

MCs, Miss Sharon & Venus, Nursing students from Fatima Nursing College and handed over the podium to process further. They briefly gave an introduction to Rupcha and its recent activities.

Prayer service, invoking God's blessings, led by Rt. Rev. Gerald John Mathias, followed by a prayer dance by the students of Fatima College of Nursing, Lucknow.

Sr. Vinaya Francis UMI, Treasurer, RUPCHA welcomed all the dignitaries and delegates, in the absence of Sr. Lizy Abraham MSA, President, who couldn't make it a point to reach for the AGBM this time due to unavoidable reasons. She specially welcomed Rt. Rev. Gerald John Mathias, Bishop of Lucknow Diocese & Rt. Rev. Bp. Francis Kalist, Ecclesiastical Advisor to Rupcha and Bishop of Meerut Diocese, Chief Guests to the program and the Governing Board Members of Rupcha, Dr. Mayur Sharma the resource person, too. All were welcomed with bouquets.



Chief Guests His Lordship Bp. Gerald John Mathias & Bp. Francis Kalist jointly inaugurated the meeting by lighting the lamp, followed by other dignitaries Fr. Viju Sebastian - Vice President; Sr. Ally Joseph MSJ - Secretary; and Rev. Dr. Sebastian - the Director. Subsequent to lighting of the lamp, a welcome dance was performed by the Nursing students from Fatima college of Nursing, Lucknow.

Fr. Viju Sebastian gave the key-note address. He shared the gist of the theme, purpose of the event, primary issues and need of the present time. He started reminding our mission of promoting community health and the need of

supporting the people who are in need of. He quoted, 'coming together is beginning, keeping together is progress and working together is success'. Rupcha has brought us together as one family to begin and explore the great channels of love and compassion. He greeted, the general body will help us to march towards progress and reminds us that great things are done by a series of small things brought together. He congratulated all the member institutions for managing wonderfully during the second wave of covid-19 pandemic.

Rt. Rev. Francis Kalist delivered the Inaugural Address. He illustrated all the support the central office provided to each member institutions during the covid second wave. He insisted on the need of compassionate health care towards the needy patients, while briefing his own experience as a patient. He explained that how much a patient depend on health workers and reminded that our mission is the continuum to the healing ministry of Jesus. He appreciated all the institutions for their hard work done in the field. He expressed his gratitude and honors



to our health workers those who made real examples of 'Good Samaritan'.

Rt. Rev. Gerald John Mathias released the Annual Activity report of Rupcha for the year 2020-21 by giving copies to Rev. Francis Kalist and other dignitaries. They also released the Rupcha Calendar 2020, jointly.

Soon after, Fr. Sebastian, Director presented the activity report, in concise, because the activity report had already distributed among all the participants.

With a vote of thanks by Fr. Sabu PL, GB Member, the inaugural session came to an end. All the dignitaries were presented with RUPCHA mementos. The students who performed dances were also received a token of appreciation in the form of small gifts. Rupcha staffs, led by Fr. Dr. Sebastian were felicitated for their exemplary work during the covid-19 second wave by the Association.

The scientific session was led by Dr. Mayur Sharma, a NABH & NABL Consultant and expert trainer. In the first session he dealt with the topic 'Hospital Acquired Infection'. He detailed the topics such as methods of infection control in hospitals, healthcare/hospital associated infections, standard precautions, hand hygiene techniques with different bases, personal protective equipments, safe injection practices, four best practice areas (WHO), and

transmission based precautions, etc...

The afternoon session started with a dance performance by the nursing students from BCM College of Nursing. Dr. Mayur started his second session with conclusive points of infection control and carried out to the NABH standards. He briefed about the advantages of NABH accreditation for a hospital and the way forward to NABH accreditation. He continued with standards for different levels of accreditation & certification programs of NABH, what does NABH accreditation means to hospitals, etc... There was an interaction period for clarifications on both subjects.

Fr. Sabu PL, Director of Fatima Hospital, Gorakhpur presented the thematic presentation on vigilance and diligence in Covid waves - their journey during the pandemic period. He narrated that though the beginning was really trembling, they made it to sturdy thereafter. They have changed the disaster to an opportunity to work on humanity. He has received many felicitations like 'Corona Yodha Samman', from different corners of community for their exemplary work on public services. Rupcha congratulated Fr. Sabu and his team for their humanitarian assistance to the community during the second wave of pandemic. Fr. Sabu dedicated all the compliments to their committed staff.

The AGBM has concluded at 4.30 p.m. soon after the Business session. ●●●





Dil Hei Betti Ki Aasha Light the Hope Candle

It's an initiative to mainstream the dropout children, especially girls from the underprivileged Burari area, which has been started in June 2021, during the covid-19 pandemic. We thank the spouses of Young Presidents Organization (YPO) & specially Mrs. Uma Antony for lighting the candles of hope and empowering the girl children under the coordination of Bethany Sisters of Burari Village, Delhi. The YPO has kindly consented to extent their support to these girl children for their overall development (Physical, Educational, Nutritional, Social, Mental, Moral values) and to bring them back to mainstream education. Along with education, we provide nutritional supplement, health awareness, personal hygiene and other necessary support to build up overall competence and skill development. While completing their education, we expect that the empowered children in turn would be able to reach new heights, bring success in their life and feed their family.

Burari is an undeveloped and underprivileged village on the banks of River Yamuna. Majority of the people are migrants, who came in search of employment from the neighboring states of Bihar, Uttar Pradesh, Jharkhand and Chhattisgarh. Most of them work in agriculture fields and farms. The children, especially girl children, had to drop out of schools during Covid-19 pandemic. Although impoverished and lacking in nutrition, they are given the responsibility to care for the younger ones at home. Their socio-economic condition is so pathetic and basic amenities and infrastructure limited.

We have identified 34 girl children who are below the poverty line, to provide assistance for their overall development (physical, educational, nutritional, social, mental, moral values and responsibility). The program is progressing well under the coordination of Bethany Sisters who have been working in Burari since 2012. ●●●





Felicitation to His Grace Francis Kalist

RUPCHA felicitated its Ecclesiastical Advisor, newly appointed Metropolitan Archbishop of Pondicherry & Cuddalore, His Grace Francis Kalist. He has been closely working with RUPCHA as its Ecclesiastical Advisor since the last 10 years while serving as the Bishop of Meerut Diocese. RUPCHA has organized a special meeting to felicitate & farewell him on 23rd March, 2022 at Holy Family Hospital, Okhla, Delhi. 45 Priests and Nuns representing different member hospitals participated in the ceremony. Fr.

Sebastian OFM Cap. Director welcomed him warmly. Sr. Lizy Abraham, President expressed RUPCHA's gratitude towards all his excellent services & cooperation that he rendered during his tenure and wished all the success in his new domain. Sr. Lizy Abraham along with Director and other Board Members presented a Memento as a token of appreciation. In response His Grace briefed about his journey as a Priest, Bishop & mentioned the collaboration with RUPCHA. He requested prayers for all his future endeavors.





Member Institution & Diocesan Unit Visits

Visiting and meeting with the Diocesan units and MIs are inevitable for their rejuvenation. Being united as an association we need constantly be in close contact with the MIs and during the period we have visited 73 member institutions in 14 dioceses to understand, learn and conscientious us and the partners in the healthcare profession of their health activities. The visits also helped in updating the MI level database.

During the visits we have tried to meet each one at the MIs, especially their directors, administrators and heads of the departments. The visits helped us to understand and document the services rendered by our members to the people in their neighborhood. It was a good opportunity to assess the needs and requirements of the MIs, to empower the leaders and to foster better networking and collaboration. The difficulties faced in the institutional and community health areas were also narrated to us.



Some of our member institutions have made a remarkable growth and upgraded their status by transforming themselves to professional level. It has increased their level of competence and chance of sustainability. Regular monitoring and evaluation is essential for improvement. It helps not only to find the gaps but also to perform more effectively.

Many MIs are struggling to stand up and therefore need to be strengthened with available resources or new strategies. We shared with them our regional level activities and achievements, new initiatives, available government schemes, methods to establish community healthcare services etc.

The registration of health institutions under respective state health authority is very important as only the registered institutions can be empanelled in government schemes. Many of our institutions need to improve the quality of service to increase the footfall and attract the financially capable people. It is also necessary to spread awareness on modern technologies and to implement it in our care centres.

We express our gratitude to all bishops, diocesan social work directors, provincials of congregations and all those who took the initiative to organize the meetings and made themselves available for the meeting and gave their valuable advice and blessings for the program.





LIST OF MI VISITS

- Gilbert Rego Memorial Charitable Clinic, Chandigarh on 14 September 2021 (Simla-Chandigarh Diocese)
- Manav Vikas Samiti (Diocesan Social Works), Chandigarh on 14 September 2021 (Simla-Chandigarh Diocese)
- Christu Jyoti Hospital Amloh, Fatehgarh Sahib (Dt.) Punjab on 14 September 2021 (Simla-Chandigarh Diocese)
- Immaculate Mission Hospital, Muktsar, Punjab on 15 September 2021 (Jalandhar Diocese)
- Alphonsa Dispensary, Sikhwala, Muktsar (Dt.), Punjab on 15 September 2021 (Jalandhar Diocese)
- St Joseph's Dispensary, Dharamsala, Kangra Dt., on 17 September 2021 (Jalandhar Diocese)
- Amritkunj, Mohanlalganj, Lucknow on 18 November 2021 (Lucknow Diocese)
- St. Joseph Community Health Centre, Mamudabad, Sitapur (Dt.) on 09 November 2021 (Lucknow Diocese)
- Shanti Niketan, Lucknow on 09 November 2021 (Lucknow Diocese)
- Amritkunj, Mohanlalganj, Lucknow on 09 November 2021 (Lucknow Diocese)
- St. Ann's Hospital, Mohanlalganj, Lucknow on 12 January 2022 (Lucknow Diocese)
- Jyoti health Centre, Nigohan, Lucknow on 12 January 2022 (Lucknow Diocese)
- Amritkunj, Mohanlalganj, Lucknow on 12 January 2022 (Lucknow Diocese)
- St. Frances Cabrini Hospital, Shahjot, Gonda on 13 January 2022 (Lucknow Diocese)
- Fatima health Centre, Gonda on 13 January 2022 (Lucknow Diocese)
- St. Francis Nursing School, Ajmer on 10 February 2022 (Ajmer Diocese)
- St. Francis Hospital, Ajmer on 10 February 2022 (Ajmer Diocese)
- Maria Nivas Health Centre, Beawar, Narbadkhera, Ajmer on 11 February 2022 (Ajmer Diocese)
- Christu Raja Ashram Dispensary, Madar, Ajmer on 11 February 2022 (Ajmer Diocese)
- St. Joseph Snehabhavan, Kusmia School, Madar, Ajmer on 11 February 2022 (Ajmer Diocese)
- St. Michael's Welfare Centre, Kaiserpura, Saidna, Ajmer on 11 February 2022 (Ajmer Diocese)
- SASVIKA, Sameeksha, Ajmer on 11 February 2022 (Ajmer Diocese)

- Seva Sadan Dispensary, Mohakampura, Banswara on 14 February 2022 (Udaipur Diocese)
- Jyoti Sevasadan Dispensary, Kushalgarh, Banswara on 14 February 2022 (Udaipur Diocese)
- Pushpa Sadan Health Centre, Maska-Mahuri, Sajjangerh, Banswara on 14 February 2022 (Udaipur Diocese)
- Fatima Rani Health Centre, Gangartallai, Jamburi, Banswara on 14 February 2022 (Udaipur Diocese)
- Our Lady of Perpetual succour Dispensary, Amlipada, Banswara on 14 February 2022 (Udaipur Diocese)
- Satya Seva Ashram, Rattanpura, Banswara on 14 February 2022 (Udaipur Diocese)
- St. Teresa Hospital, Udaipur on 15 February 2022 (Udaipur Diocese)
- Sampurna Jeevan Vikas Samiti, Banswara on 16 February 2022 (Udaipur Diocese)
- Holy Family Hospital, Kota, on 16 February 2022 (Ajmer Diocese)
- St. Joseph's Dispensary, Satelkheri, Ramganj Mandi, Ajmer on 17 February 2022 (Ajmer Diocese)
- Kota Stone Mariam Hospital, Ramganj Mandi, Kota, Ajmer on 17 February 2022 (Ajmer Diocese)
- Amritkunj, Mohanlalganj, Lucknow, on 29 March 2022 (Lucknow Diocese)
- Shanti Niketan, Lucknow, on 30 March 2022 (Lucknow Diocese)
- Jeevandeep Charitable Trust, Sandila, Hardoi, Lucknow, on 30 March 2022 (Lucknow Diocese)
- St James Health Centre, Hardoi, Lucknow, on 30 March 2022 (Lucknow Diocese)
- St. Ann's Hospital, Mohanlalganj, Lucknow on 06 June 2022 (Lucknow Diocese)



- Jyoti Health Centre, Nigohan, Lucknow on 06 June 2022 (Lucknow Diocese)
- Karunashray Hospital, Sultanpur on 07 June 2022 (Lucknow Diocese)
- Karunashray Samajik Seva Kendra, Sultanpur on 07 June 2022 (Lucknow Diocese)
- Mariampur Hospital, Kanpur, on 08 June 2022 (Allahabad Diocese)
- Social Action Centre, Kanpur, on 08 June 2022 (Allahabad Diocese)
- BCM Hospital, Khairabad, Sitapur on 08 June 2022 (Lucknow Diocese)
- Jeevan Jyothi Community Centre, Sitapur on 09 June 2022 (Lucknow Diocese)
- St. Francis Leprosy Centre, Khairabad, Sitapur on 09 June 2022 (Lucknow Diocese)
- Snehalaya, Adharkhera, Lucknow on 09 June 2022 (Lucknow Diocese)
- Jivodaya Dispensary, Jahangirpuri, Delhi on 30 June 2022 (Delhi Diocese)
- Chethanalaya, New Delhi on 20 July 2022 (Delhi Diocese)
- Maria Seva Health Centre, Khera Khurd, Delhi on 26 July 2022 (Delhi Diocese)
- Nirmala Health and Maternity Centre, Khanhai, Haryana on 26 July 2022 (Delhi Diocese)
- C H F Health Centre, Pavi Village, Loni, Ghaziabad on 04 August 2022 (Meerut Diocese)
- Shanti Bhawan Health Centre, Rataul, Baghpat on 04 August 2022 (Meerut Diocese)
- Seraphina Trust, Clement Town, Dehradun on 29 August 2022 (Meerut Diocese)
- St. Paul's Hospital, Clement Town, Dehradun on 29 August 2022 (Meerut Diocese)
- St. Joseph's Hospital, Roorkee, Haridwar on 29 August 2022 (Meerut Diocese)
- St. Francis Hospital, Khatauli, Muzaffar Nagar on 30 August 2022 (Meerut Diocese)
- Our Lady of Graces Hospital, Sardhana, Meerut on 30 August 2022 (Meerut Diocese)
- St. Luke's Hospital, Saket, Meerut on 30 August 2022 (Meerut Diocese)
- Vinaya Bhavan, Maternity Centre, Madangir, Delhi on 02 September 2022 (Delhi Diocese)
- SIDE Social Service Society, Madangir, Delhi on 02 September 2022 (Delhi Diocese)
- Jeevandhara Welfare Centre, Ghaziabad, on 07 September 2022 (Meerut Diocese)
- St. Joseph's Hospital, Mariam Nagar, Ghaziabad on 07 September 2022 (Meerut Diocese)
- Martin De Porres Hospital, Isanagar, Bilaspur, Rampur on 26 October 2022 (Meerut Diocese)
- Jeevan Dhara Bethany, Tanakpur, Champawat on 26 October 2022 (Bareilly Diocese)
- St. Martin Health Centre, Kareilly, Bareilly on 27 October 2022 (Bareilly Diocese)
- Jyoti Niketan CHC, Kiyara, Bareilly on 27 October 2022 (Bareilly Diocese)
- Hartmann Hospital, Izatnagar, Bareilly on 27 October 2022 (Bareilly Diocese)
- Poliganj Hospital, Majhola, Udham Singh Nagar on 27 October 2022 (Bareilly Diocese)
- Assisi Health Centre, Baheri, Bareilly on 27 October 2022 (Bareilly Diocese)
- Mother Mariam Teresia Health Centre, Aonla, Bareilly on 28 October 2022 (Bareilly Diocese)





Enhancing Collaboration... REVIEW MEETING

RUPCHA has organized an annual review meeting of the project 'Enhancing Collaboration with Government and Scale up Services of Community Health Interventions' at Prabhat Tara Social Centre Lucknow on 29th March 2022. The meeting started with the word of prayer at 10 am.

Mr. Sam Philip, RPO welcomed the dignitaries Fr Dr Sebastian - Director Rupcha, Fr Praveen - Director Prabha Tara, Mr. Mohamad Mateen - Program Manager CHAI, and all the Community Health Coordinators. During the inaugural address Fr. Sebastian said that we have focus to achieve the goals holding our values and ethics and we must be ready to update our system according to the time and condition.

Mr Mohamed Mateen briefed about the objectives of community health project, planning for upcoming programs of next six

months, new approaches, health education, etc. He explained the scope of tele-health and its major benefits, challenges etc. It focuses on strengthening MIs and Community Based Organization, to link with government agencies to access the schemes and facilities from the GOs and NGOs, the concept of the model village, need of strengthening the community volunteer and empower the community through various initiatives.

CHCs presented their reports, best practices, case studies and thereafter the results were reviewed. 2021 was a challenging year for the community health workers due to the covid-19 pandemic, even though they could achieve their targets. CHC and CHVs were appreciated for their achievements and efforts.

After detailing the revised reporting format & baseline study, the meeting concluded at 3.00 pm.





CHAI AGBM & National Health Conference – 2022

The 79th CHAI AGBM cum National Health Conference was held from 16th to 18th September 2022 at Rajagiri Hospital, Kerala. The theme of the event was “Post COVID Healthcare – Challenges and Opportunities.”

Board Members from the CHAI National Board and 11 Regional Units participated in the three-day event. All the board members from RUPCHA joined the meeting. Thematic speakers shared their expertise on the areas of sustaining hospital-based ministry, sustaining community-based ministry, palliative care, and the importance of networking. Speakers included Dr. Joy Mammen, and Dr Shantidani, from CMC Vellore, Dr. Suresh Kumar from the Institute of palliative medicine and Mr. K. Paul Thomas, CEO, ESAF small finance bank. Following each speaker session, the participants brainstormed a way forward for sustaining the healthcare ministry through group discussions and interaction with the speakers.

This was followed by Sr Dr Giovanna Alberoni Memorial Award ceremony and a cultural evening. The MGM award was jointly instituted by CHAI and Holy Family Hospital, Mumbai, in honor of mother Gilovanna Alberoni who belonged to the congregation of Ursuline sisters of Mary Immaculate (UMI). An Italian missionary and a medical doctor by profession, she served for 72 years in India with exceptional compassion and commitment. She was also an inspirational leader in Healthcare and in the congregation. Out of the 30 sister doctors who were nominated from the CHAI Network, Sr. Dr. Agnes Xavier, CIC, was chosen for the award, through a process.

The AGBM concluded with Business Session, where statutory formalities were dealt with. The three office bearers of CHAI, Sr Victoria Narichiti (President), Fr George Kannanthanam (Secretary) and Sr Bhavya Scaria (Treasurer) were unanimously re-elected for their second term. ●●●



Observance of Important Days: INTERNATIONAL WOMEN'S DAY

Observances of international days are the occasions to educate the public on issues of concern, to mobilize political will and resources to address the problems, and to celebrate and reinforce achievements. International Women's Day is celebrated as a focal point in the women's rights movement, bringing attention to issues such as gender equality, reproductive rights, and violence and abuse against women.

RUPCHA has celebrated it with all pomp at Jivodaya Extension Centre, E-Block Dispensary, at Jahangirpuri on 05 March, 2022. The programme was begun with a prayer dance followed by lighting the lamp by the dignitaries. Mrs. Pinky Chowhan, block level project co-ordinator, welcomed the dignitaries and audience. Around 250 women were participated in the function.

Fr. Sebastian OFM Cap. has given an introduction to the meeting and spoke about the importance of the day. Mr. Ajay Sharma,

Municipal Councillor was the Chief Guest and addressed the audience. He has been very supportive of our social activities. Other dignitaries Dr. Sumita Mehta BJRM Hospital & Ms. Sarita Singh also gave their messages. Sr. Jasmine SD presented the community health project activities & results.

Our community volunteers (children & women) performed many cultural programs such as dances (solo & group), street plays, songs, bhajan, etc. The audience enjoyed the play and well appreciated. All the volunteers have received their certificates & gifts (school bags).

Fr. Sebastian, Director released the awareness film produced by RUPCHA on the topic of drugs abuse, 'Nasha - The Tag of Death' during the program. Dr. Sumita Mehta of BJRM Hospital released the 'Health Calendar 2022' along with Fr. Sebastian. Later the calendar is distributed to all the houses.

With a vote of thanks by Fr. Sebastian, the program came to an end. ●●●



RAJASTHAN U.P. CATHOLIC HEALTH ASSOCIATION

35-C, MAHANAGAR, LUCKNOW

GENERAL ACCOUNT

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDING 31-03-2022

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
Opening Balances (As on 01.04.2021) (As per Books Of Accounts)	60,71,900.22	Human Resources	16,80,537.00
Contributions:		Program Costs	36,09,665.00
Misereor Project	89,750.00	Organizational Cost	1,31,619.00
Manos Unidas Project	6,16,800.00	Other Project Expenses	1,61,582.00
Member Institutions	4,58,000.00	Administration Expenses	2,38,351.00
Companies	4,60,000.00	GST Payments	61,895.00
Covid-19 Relief Work	51,87,040.00	Capital Expenditure	38,300.00
Jeevandhara CDC Project	61,086.00	TDS on FDRs Interest & others	56,580.00
Light the Hope Candle Project	51,000.00	Closing Balances (As on 31.03.2021) (As per Books of Accounts)	
Intent Health – Healthcare Project	5,87,288.00	Cash in Hand	12,744.00
Bank Interest	3,05,515.00	With Federal Bank Ltd. SB A/c	40,01,252.22
AGBM Registration Fee	10,400.00	FDRs with Federal Bank	37,87,011.00
Membership Fee	16,904.00	Accrued Interest on FDRs	1,74,482.00
Income Tax Refund	38,335.00		
TOTAL RS.	1,39,54,018.22	TOTAL RS.	1,39,54,018.22

BALANCE SHEET AS ON 31.03.2022

LIABILITIES	AMOUNT	ASSETS	AMOUNT
Capital Fund:		Furniture	42,525.00
Balance as on 01.04.2021	63,74,967.22	Electrical Equipments	83,294.00
Add: Excess of Income over Expenditure	19,24,156.00	Office Utensils	6,995.00
		Computer	22,980.00
		Income Tax (TDS)	1,67,840.00
		Closing Balance (as on 31.01.2022) (as per book of accounts)	79,75,489.22
TOTAL RS.	82,99,123.22	TOTAL RS.	82,99,123.22

Place: Lucknow

Dated: 07-06-2022

RAJASTHAN U.P. CATHOLIC HEALTH ASSOCIATION

35-C, MAHANAGAR, LUCKNOW

FOREIGN CONTRIBUTION ACCOUNT

STATEMENT OF RECEIPTS AND PAYMENTS FOR THE YEAR ENDING 31-03-2022

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
Opening Balances (As on 1.4.2021) (As Per Books of Accounts)	2,71,349.97	Covid-19 Care Support	1,02,15,241.00
Foreign Contribution	1,47,52,492.81	LTC – Child Development Project at Madangir	6,43,917.00
Bank Interest	69,723.00	Community Health Project at Jahangirpuri	28,30,018.00
		Bank Charges	17,666.40
		Closing Balances (As On 31-03-2022) (As Per Books of Accounts)	13,86,723.38
TOTAL RS.	1,50,93,565.78	TOTAL RS.	1,50,93,565.78

BALANCE SHEET AS ON 31.03.2022

LIABILITIES	AMOUNT	ASSETS	AMOUNT
Capital Fund:		Furniture	8,946.00
Balance as on 01.04.2021	3,92,181.97	Equipments	78,066.00
Add: Excess of Income over Expenditure	98,69,753.41	Camera	8,236.00
		Medical Equipments	87,74,348.00
		Computer & Printer	5,616.00
		Closing Balance (as on 31.01.2022) (as per book of accounts)	13,86,723.38
TOTAL RS.	1,02,61,935.38	TOTAL RS.	1,02,61,935.38

Place: Lucknow

Dated: 07-06-2022



Minutes of 31st AGBM (Business Session)

The 31st Annual General Body Meeting of RUPCHA was held on Saturday, 20 November 2021 at Navintha Pastoral Centre, Lucknow and 90 members attended the meeting. The theme for the AGBM was, 'Vigilance & Diligence in Covid Waves'.

The meeting began with Holy Eucharistic Celebration at 9.30 a.m. Rt. Rev. Gerald John Mathias Bishop of Lucknow Diocese was the main Celebrant. Soon after the mass, at 11 a.m. the Inaugural session started with a general welcome by Fr. Dr. Sebastian OFM Cap., Director of Rupcha.

Chief Guests His Lordship Bp. Gerald John Mathias & Bp. Francis Kalist jointly inaugurated the meeting by lighting the lamp, followed by other dignitaries Fr. Viju Sebastian, Sr. Ally Joseph MSJ and Rev. Dr. Sebastian.

Fr. Viju Sebastian gave the key-note address. He shared the gist of the theme, purpose of the event, primary issues and need of the present time. He reminded our mission of promoting community health and the need of supporting the people who are in need of.

Rt. Rev. Francis Kalist delivered the Inaugural Address. He appreciated all the institutions for their hard work done in the field. He expressed his gratitude and honors to our health workers those who made real examples of 'Good Samaritan'.

Rt. Rev. Gerald John Mathias released the Annual Activity report of Rupcha for the year 2020-21 by giving copies to Rev. Francis Kalist and other dignitaries. They jointly released the Rupcha Calendar 2020.

There were two scientific sessions, led by Dr. Mayur Sharma, a NABH & NABL Consultant and an expert trainer. In the first

session he dealt with the topic 'Hospital Acquired Infection' and the second session was about NABH. There was an interaction period for clarifications on both subjects.

The business session started, after the inaugural and scientific sessions, with a welcome note by Fr. Viju Sebastian, the Vice President.

The following was the agenda for the session:

- Welcome & Introductory notes
- Presentation of minutes of the previous AGBM
- Matters arising from the report
- Presentation of audited accounts
- Presentation of the budget
- Appointment of auditors
- Election to the Board
- Vote of thanks

Fr. Viju welcomed all and gave introductory notes to the session. He welcomed Sr. Ally Joseph, Secretary to present the minutes of last AGBM.

Sr. Ally presented the minutes and opened to floor for discussion and clarification, if any. As it was clear and nobody sought any clarification, Fr. John Chiman, Meerut Seva Samaj proposed the minutes to be passed and Sr. Preeti Margaret, Sparsh Bethany Health Centre, seconded the proposal and the minutes were passed unanimously by the floor.



Sr. Vinaya Francis UMI, Treasurer, presented the financial reports for the year 2020-21 and the forecast for the year 2021-22. Sr. Daisy, Marimapur Hospital, proposed the statement of accounts to be passed and Fr. Sabu PL, Fatima Hospital, seconded the proposal and the financial reports were passed by the floor unanimously.

The floor decided to continue the service of the present auditor Ms. S. Tuli & Co. for the year 2021-22.

Next, the election to the Governing Board was taken up. Sr. Lizy Abraham, President was completing her second term, but the secretariat suggested retaining her for one more year because of association's many certification processes are going on. The floor agreed to the suggestion and appointed Sr. Lizy Abraham as President for one more year.

The meeting was concluded at 4.30 p.m. with a vote of thanks by Fr. Viju Sebastian, Vice President of Rupcha, and blessing by His Lordship Bp. Francis Kalist.



Exposure Visit:

Exposure visits are a very important training methodology and helps to rejuvenate the staff and enable them to interact with and learn from other people outside of own community or of a new place, allowing them to view practical examples of successful integration of sustainable practices of other communities.

We have organized an exposure visit to Dalhousie during October 2022 with the Coordinators of Community Health Project at Jahangirpuri as a token of their commendable work during the covid-19 pandemic period in the Jahangirpuri slums.





RUPCHA

CATHOLIC HEALTH ASSOCIATION - NORTH INDIA

(Registered Name: Rajasthan Uttar Pradesh Catholic Health Association)

RUPCHA is one of the largest Regional Units of Catholic Health Association of India (CHAI). RUPCHA consists of 235 Member Institutions which can be categorized under Hospitals, Health Centers, Dispensaries and Social Service Societies. RUPCHA collectively owns healthcare facilities of all sizes (Small, Medium and Large) as well as PHCs to Super Specialty Institutions. They mostly target the poorer sections of people both in the rural and urban areas. Its members provide access to primary health care in the remotest rural areas of India.

Our 235 member institutions with well trained and committed Doctors, Nurses, Social Workers, Administrators and Volunteers are spread out in Nine States of North India and are engaged in the field of Health, Education and Rural Development.

MAJOR ACTIVITIES

- Networking and Collaboration with GOs & NGOs
- Project Formulation and Implementation of CSR Fund Utilization
- Central Procurement Scheme of Hospital Consumables
- Community Health Enhancement Programs
- Health, Hygiene and Sex Education for School/College Students
- Awareness on Preventive Healthcare, Water and Sanitation Programs
- Women's Empowerment, Community Development & Rehabilitation Programs
- C-IMNCI (Community based Integrated Management of Neo-Natal and Childhood Illnesses)
- Disaster Management and Rehabilitation
- HIV/AIDS, TB, Animators', Health Workers, Leadership, CBO and Community trainings
- Motivation, Awareness Creation, Promotion and Implementation of Healthcare Programs
- Awareness Programs on Government and other Social Security Schemes.

REGISTERED UNDER:

The Society Registration Act 1960: Reg. No.R/LUC/01111/2021-2022 - I – 104806 1990-1991
Foreign Contribution Regulation Act (FCRA): Reg. No. 136550054
Section 80G of the Income Tax: 58-59/310/40/2010-11 dt. 17.09.2010
Section 12A of Income Tax: 59 (dt. 01.04.1995)
GST (Goods and Services Tax): GST No. 09AABTR6425K1Z5
PAN: AABTR6425K TIN: LKNR06927E

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